



THE GRAND ILLINOIS TRAIL

**USER GUIDE
THIRD Edition
2015**

A trail user's guide to the Grand Illinois Trail, produced through the League of Illinois Bicyclists with support from the Illinois Department of Natural Resources.

The Idea...

The Grand Illinois Trail (GIT) emerged in the 1990's as a partnership between the Illinois Department of Natural Resources and many local trail agencies and organizations, such as the League of Illinois Bicyclists. Trails which existed at the time when the Grand Illinois Trail began have served as the foundation of the 500-mile loop. Many miles and new trails have been added or completed, as the coordinated efforts to extend and complete the GIT continues. Locally-developed and managed trails are the foundation of the GIT, and the dedication of these local partners has resulted in one of the longest loop trails in the country, providing a unique memorable experience along the way.

The Guide...

This guide is designed to help you navigate your way along the trail. Find an interesting landmark; find an ice cream shop, a bike shop, a bathroom and even emergency facilities.

The guide is arranged in 10 segments offering a clockwise format beginning in the Chicago area. Detailed maps, or “cue sheets,” will provide you with turn by turn instructions for trails and on-road trail connections.

Enjoy the best of Illinois on the Grand Illinois Trail!

(Photo credits: Renee Thakali, League of Illinois Bicyclists, Illinois Department of Natural Resources.)



Major Attractions

Stunning views from every direction crown Chicago's world-class lakefront path. Amenities, attractions, and accommodations for urban trail users burnish this "grand jewel" of the Grand Illinois Trail.

- **Oak Park** - Frank Lloyd Wright studio, homes; and Hemingway museum Augusta Blvd. - moderate traffic through a microcosm of the entire city
- **Lincoln Park Zoo** www.lpzoo.org - free zoo open 365 days a year with more than 1,100 animals on 49 acres
- **Chicago History Museum** www.chicagohs.org - cares for, showcases, and interprets millions of authentic pieces of Chicago and U.S. history
- **Navy Pier** - a classy carnival of excitement and culture, accessible from the lakefront path.
- **Chicago's Lakefront Path** - a green meander between the refreshing lake and the invigorating city, with points of interest at every spin of the wheel or step of the sneaker. Museums, art, zoos, beaches, parks...what a picnic!
- **Burnham Greenway** - an oasis of recreation with playing fields, paths, and a fishing pond.

Lodging:

Melrose Park: Econo Lodge Inn & Suites, 1900 N Mannheim, 708-681-3100

Oak Park: Carelton Hotel, 1110 Pleasant St., 708-848-5000; Write Inn Hotel, 211 N Oak Park Ave., 708-383-4800; Under the Ginkgo Tree Bed and Breakfast, 300 N. Kenilworth Ave., 708-524-2327

Chicago: Hosteling International-Chicago, 24 E Congress Pkwy, 312-360-0300. For more information call Chicago Office of Tourism at 312-744-2400, www.choosechicago.com.

Calumet City: Baymont Inn & Suites, 510 E. End Ave, 708-891-2900

Lansing: Starway Inn, 2505 Bernice Rd, 708-895-7810; Comfort Suites, 2235 173rd St., 708-418-3337; Days Inn, 17356 Torrence Ave, 708-474-6300; Howard Johnson, 17301 Oak Ave., 708-474-6900; Red Roof Inn, 2450 173rd St., 708-895-9570; Sleep Inn, 2255 173rd St., 708-418-3700; Motel 6, 2151 Bernice Rd., 708-418-8884

Maywood to Lansing - 42 miles



Start: Maywood - Illinois Prairie Path at 5th Ave				
Turn	Dir	On	Miles	Total
-	E	Illinois Prairie Path (cross 1st Ave)	0.3	0.3
-	E	Maybrook Dr (to road bend)	0.3	0.6
L	E	IL Prairie Path (river, parking lot)	0.4	1.0
L	W/N	Van Buren St (CTA station access)	0.4	1.4
R	E	Madison St (cross RR tracks)	0.0	1.4
L	N	Park Ave - Forest Park	0.5	1.9
R	E	Hawthorne Ave	0.3	2.2
L	N	Lathrop Ave - River Forest	0.8	3.0
R	E	Augusta Blvd - Oak Park, Chicago	7.1	10.1

** Planned: N 1.0 mi on Central Park (jog R at Potomac), E 2.5 mi on Bloomingdale Trail, N 0.2 mi on Marshfield to Cortland*

L	N	Damen Ave	1.1	11.2
R	E	Cortland St (to Clybourn/Racine)	1.0	12.2
L	N	Racine Ave	0.1	12.3
R	E	Armitage Ave - cross to trail	1.1	13.4
S	SE	Trail thru Lincoln Pk, underpass	0.9	14.3

** Many park trails; head to SE park corner, North Ave underpass*



While in Chicago, find out what makes it one of the top bicycling cities in America. Plan to spend some time exploring its many facets, including the entire Lakefront Path.

Food is available throughout this section, except on portions of the Chicago Lakefront path.

Bicycle Repair:

Oak Park: Barnard's, 6109 W North Ave, 708-524-2660

Chicago: Rapid Transit Cycleshop, 1900 W North Ave, 773-227-2288; Village Cycle Center, 1337 N Wells St., 312-751-2488

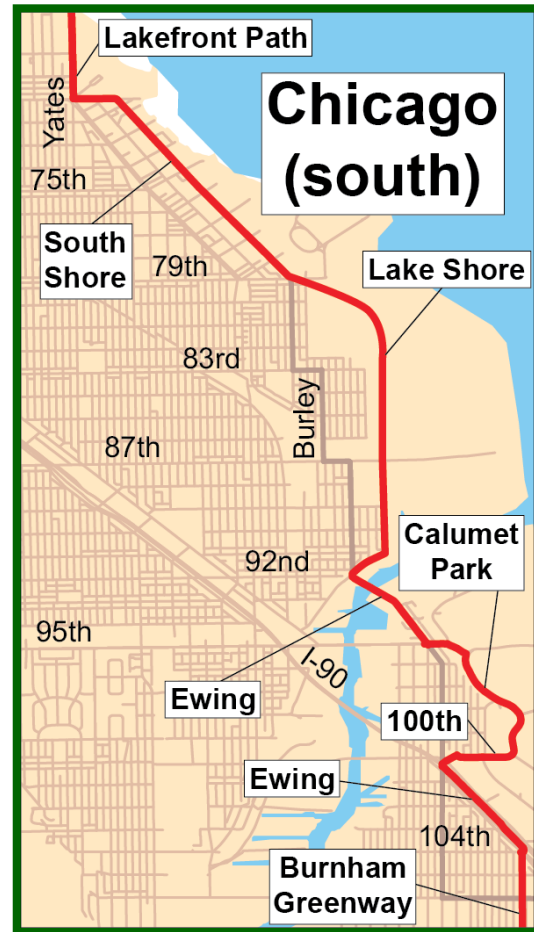
Emergency Information: State Police: District Chicago, 847-294-4400 Hospital: Dial 911

Turn	Dir	On	Miles	Total
R	S	Chicago Lakefront Trail - Navy Pier	1.6	15.9
-	S	Chicago Lakefront Trail	10.5	26.4
-	SE/S	US 41/ South Shore Dr/ Harbor Ave	3.2	29.6
L	SE	US 41/ Ewing Ave	1.6	31.2
L	E/S/W	95th St/ Crilly Dr/ 100th St	0.1	31.3
L	SE/S	Burnham Greenway	3.4	34.7
L/R	SE/SW	Wolf Lake Blvd	1.1	35.8
<i>* Planned: 0.1 mi W on 126th, 1.4 mi S on Burnham Greenway</i>				
<i>0.2 mi SE on Brainard to Avenue O</i>				
L/R	E/S	130th St/ Avenue N	0.3	36.1
R	W	135th St	0.0	36.1
L	S	Ave O/ Burnham Ave - Burnham	1.8	37.9
R/L	N/W	State St - Calumet City	0.7	38.6
L	S	Burnham Greenway	3.0	41.6
Burnham Greenway at 170th St - Lansing				

Food is available throughout this section, except on portions of the Chicago Lakefront path.

Bicycle Repair:

Chicago: Kozy's, 811 S Des Plaines St., 312-360-0020;
MOX Multisport, 738 W Randolph St., 312-466-9111;
Cycle Bike Shop Inc., 1465 S Michigan Ave., 312-987-1080



Emergency Information: State Police: District Chicago, 847-294-4400 Hospital: Dial 911

Major Attractions

Forest preserves, quiet streets and roads (and, yes, some not-so-quiet ones), and a wonderful trail, the Old Plank Road Trail, make for classy urban-suburban recreation and transportation.

- **Burnham Greenway Trail** - Four miles of this path are now open, more coming.
- **Thorn Creek Trail** - Nice path through forest preserve
- **Old Plank Road Trail** - A rail-trail conversion in the heart of suburbia

Lodging: Call the Chicago Southland Convention & Visitors Bureau, 173rd St, Lansing, 888-895-8233

Chicago Heights: Star Hotel, 460 W Lincoln Hwy/ US 30, 708-481-3050

Matteson: La Quinta Inn, 5210 Southwick Dr, 708-503-0999; Holiday Inn, 500 Holiday Plaza Dr., 708-747-3500; Americas Best Value Inn and Suites, 5200 Lincoln Hwy, 708-481-3900; Matteson Motel, 21104 S. Kildare Ave., 708-748-2280; Country Inn & Suites, 950 Lake Superior Dr., 708-748-4740

Frankfort: Abe Lincoln Motel, 10841 W Lincoln Hwy, 815-469-5114

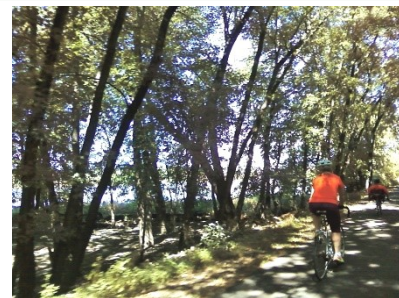
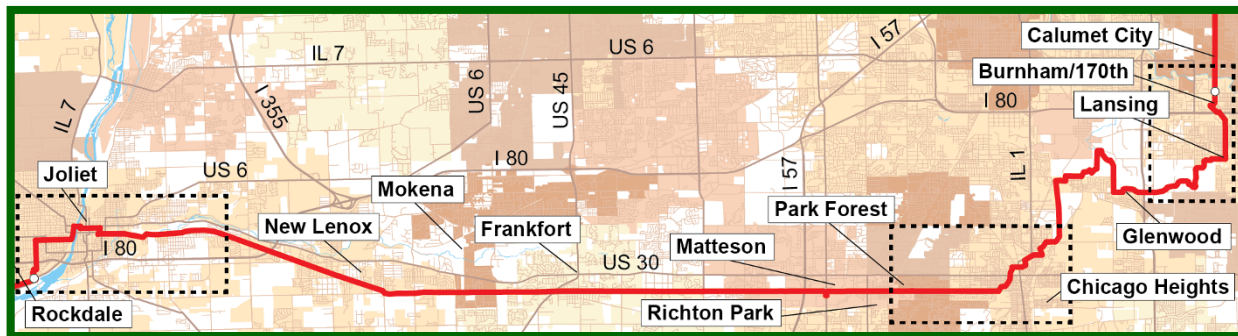
Mokena: Super 8, 9485 W. 191st St., 708-479-7808

New Lenox: Buff's Motel, US 30 & Anderson Rd, 815-485-2352; Walona Motel, 700 E Lincoln Hwy., 815-485-8232

Joliet: Plaza Hotel, 26 W Clinton St., 815-726-6195; Quality Inn & Suites South, 135 S. Larkin Ave., 815-744-1770; Harrah's Casino and Hotel, 151 N. Joliet St., 815-740-7800. Motels near Houbolt Rd & I-80: Fairfield Inn, 1501 Riverboat Center Dr., 815-741-3499; Hampton Inn, 1521 Riverboat Center Dr., 815-725-2424; Comfort Inn, 1520 Commerce Lane, 815-730-1111

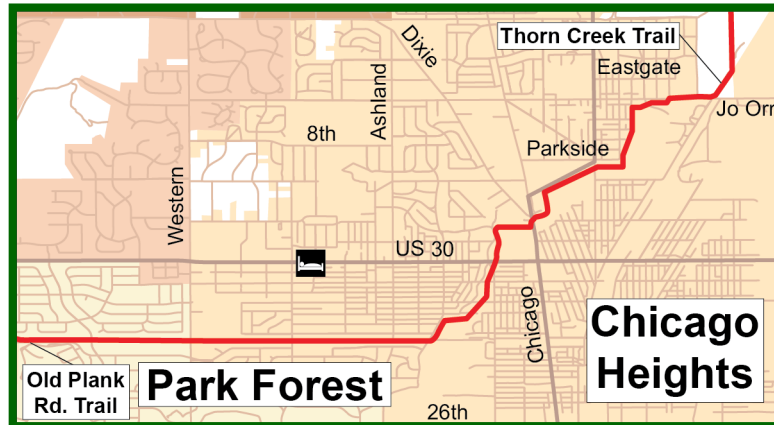
Camping: Joliet: Martin Campground, 725 Cherry Hill Rd., 815-726-3173

Lansing to Joliet - 40 miles



Start: Lansing - Burnham Greenway at 170th St

Turn	Dir	On	Miles	Total
-	S/SE	Burnham Greenway/ Pennsy Gr	1.1	1.1
R	S	Chicago Ave	1.1	2.2
R	W	186th St	0.4	2.6
L	S/W	Lansing Woods parking lot	0.1	2.7
L	S/W/N	Thorn Creek Trail (to Sweet Woods)	4.6	7.3
-	S/W	Thorn Creek Trail (new section)	1.8	9.1
-	W/S	Thorn Cr Tr (to Joe Orr Woods)	2.6	11.7
-	SW	Thorn Creek Trail (new section)	2.0	13.7
R	W	Old Plank Road Trail (new section)	1.2	14.9
-	W	OPRT to Cicero Ave - Matteson	3.1	18.0
-	W	OPRT to White St - Frankfort	6.3	24.3
-	W/NW	OPRT to Cedar St - New Lenox	6.1	30.4



Emergency Information: State Police: Dist. 5: 815-726-6377; Hospitals: Dial 911

Turn	Dir	On	Miles	Total
-	NW/W	Old Plank Road Trail - Joliet	5.0	35.4
R	W	Washington St	1.1	36.5
R	N	Eastern Ave	0.2	36.7
L	W	Clinton St	0.5	37.2
R	N	Joliet St	0.1	37.3
L	W	US 30/ Cass (bridge trail, S side)	0.1	37.4
L	S	Bluff St (1st left after bridge)	0.4	37.8
R	W	Marion St (marked route to I&M)	0.9	38.7
L	S	Wheeler Ave	0.9	39.6
R	W	Bellevue Ave	0.1	39.7
L	S	Thorne St	0.1	39.8
R	W	Meadow Ave	0.0	39.8
L	S	Brandon Rd	0.2	40.0

Food is available at or near the many locations between Burnham Greenway and the Old Plank Trail. Food is labeled by (C) convenience or (S) full service. Calumet City (S), Glenwood (CS), Chicago Heights (C), Park Forest (C), Matteson (CS), Frankfort (CS), Mokena (CS), New Lenox (CS), Joliet (CS).

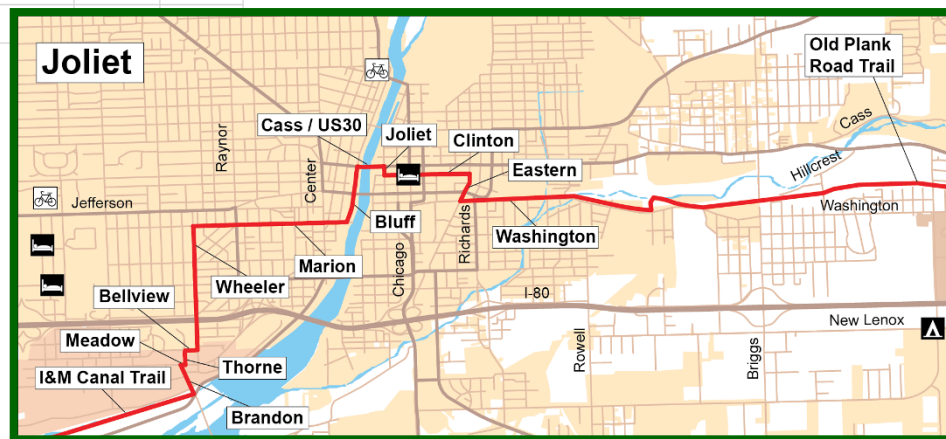
Bicycle Repair:

Calumet City: GoodSpeed Cycles, 754 Burnham Ave., 708-891-2600

Frankfort: Plank Road Cyclery, 20 W Elwood St., 815-469-3594

Joliet: Sumbaum Cycle, 114 N. Larkin Ave., 815-744-5333

I&M Canal Trail at Brandon St - Joliet



Emergency Information: State Police: Dist. 5: 815-726-6377; Hospitals: Dial 911

Major Attractions

Enjoy the I & M Canal State Trail - savoring history, water-ways, and a wide variety of nature at six state parks.

Lodging: Contact the Heritage Corridor Convention & Visitors Bureau, 81 N Chicago, Joliet, 800-926-2262

Channahon: Manor Motel, 23926 W Eames St., 815-467-5385

Morris: Park Motel, 1923 N. Division St, 815-942-1321; Comfort Inn, 70 W. Gore Rd., 815-942-1443; Quality Inn, 200 Gore Rd., 815-942-6600

Ottawa: Starved Rock Adventures Harbor Villas & Suites, 1 Dee Bennett Rd., 815-434-9200; Marcia's B&B, 3003 IL 71, 815-434-5217; National motels near I-80 & IL23: Super 8, 500 E. Etna Rd., 815-434-2888; Holiday Inn Express, 120 W. Stevenson Rd., 815-433-0029; Hampton Inn, 4115 Holiday Ln., 815-434-6040; Quality Inn, 510 E. Etna Rd., 815-433-9600

Utica: Landers House, 115 E Church St, 815-667-5170; Starved Rock Lodge, Starved Rock State Park, 2668 East 873 Road, 800-868-7625; Grizzly Jack's Grand Bear Resort, 2643 IL Route 178, 866-399-3866

LaSalle: Daniel's Motel, 1921 St Vincents Ave, 815-223-3829; Kaskaskia Hotel & Conference Center, 217 Marquette St., 815-223-1200

Peru: National motels near I-80 and IL 251: Super 8, 1851 May Rd., 815-223-1848; LaQuinta Inn, 4389 Venture Dr., 815-224-9000; Quality Inn, 5240 Trompeter Rd., 815-223-8585

Spring Valley: Spring Valley Inn, 32871 US Hwy 6, 815-894-2225

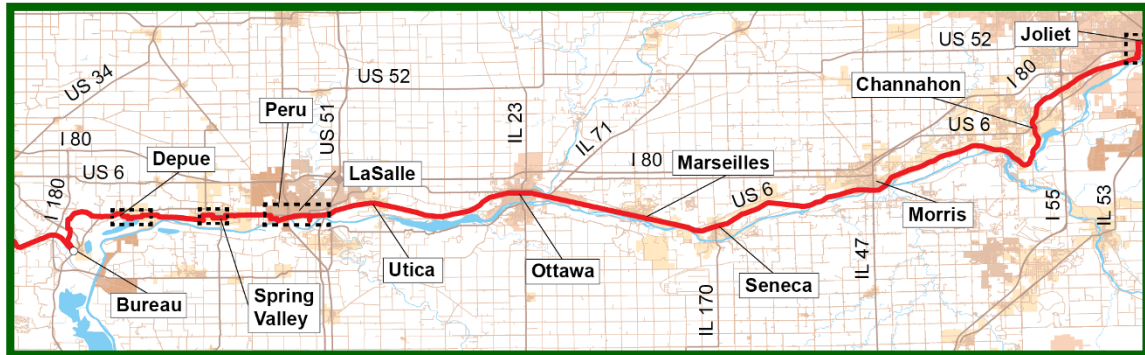
Camping:

Channahon: I & M Canal State Trail, access, walk-in, 815-942-0796

Morris: I & M Canal State Trail, Gebhard Woods State Park, access, walk-in, 815-942-0796

Marseilles: Illini State Park, 2660 E. 2350th Rd., 815-795-2448; Troll Hollow Campground, 2265 N 2453rd Rd, 815-795-2537

Utica: Starved Rock State Park Campground, 815-667-4726

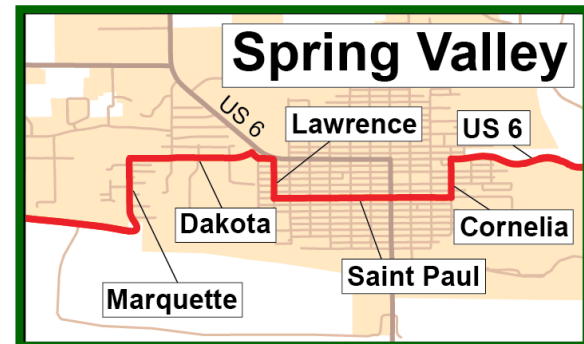


Start: Joliet - I&M Canal Trail at Brandon Rd

Turn	Dir	On	Miles	Total
R	SW	I&M Canal Trail to US 6 - Channahon	9.1	9.1
-	S/SW	I&M Canal Tr to Liberty St - Morris	14.5	23.6
-	W	I&M Canal Trail to IL 170 - Seneca	10.6	34.2
-	W	I&M Canal Tr to Main St - Marseilles	5.4	39.6
-	W	I&M Canal Trail - Ottawa	7.2	46.8
-	SW	I&M Canal Trail to Buffalo Rock SP	4.2	51.0
<i>* If I&M Trail closed: use Dee Bennett Rd to 2803rd Rd to Utica</i>				
-	W	I&M Canal Trail to IL 178 - Utica	5.2	56.2
-	W	I&M Canal Tr to Lock 14 parking lot	4.6	60.8
L	S/E	Access road	0.3	61.1
L	N	IL 351 (over bridge) - LaSalle-Peru	0.4	61.5
L	W	First St/ Canal St/ Water St	2.0	63.5
R	N	Pike St	0.2	63.7
L	W	Main St	0.4	64.1
R	N	Henry St	0.2	64.3
L	W	US 6 - Spring Valley	2.9	67.2
<i>* To avoid 3+ miles of gravel, stay on US 6, then IL 29 - 13 miles</i>				
L	S	Comelia St	0.2	67.4
R	W	St. Paul St	0.8	68.2
R	N/NW	Lawrence St/ Les Buzz Way	0.3	68.5
L	SW/W	Dakota St	0.5	69.0
R	S/W	Marquette Rd	4.3	73.3



Food is available at or near the following locations: C-convenience or S-full service Channahon (CS), Morris (CS), Seneca (S), Marseilles (S), Ottawa (CS), Utica (S), LaSalle (CS), Peru (CS), Spring Valley (CS), Depue (C)



Emergency Information: State Police: Dist. 5: 815-726-6377, Hospitals: Dial 911
Dist. 17: 815-224-1171



Turn	Dir	On	Miles	Total
L	S/W	Marquette Rd - DePue	0.7	74.0
L	S	Depot St (cross RR tracks)	0.1	74.1
R	W	4th St	0.2	74.3
R	N	East St (cross RR tracks)	0.2	74.5
L	W/N	Willow St	0.3	74.8
L	NW	Princeton Rd/ 1268 N Ave	0.5	75.3
L	SW	IL 29	1.0	76.3
R	W/S	1245 N/ 2400 E	3.2	79.5
L	SE	IL 26	0.1	79.6
R	S/SE	2460 E	1.9	81.5
R	SW	IL 26-29	0.0	81.5

IL 29 and Hennepin Canal Trail - **Bureau**

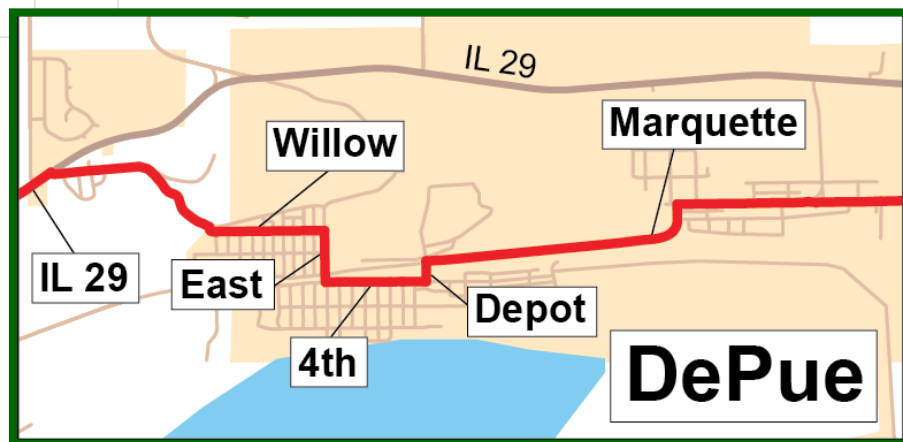
Bicycle Repair:

Morris: Grand Schwinn Cyclery, 711 Liberty St, 815-942-1510

Marseilles: Gleason & Co., 385 Main St., 815-795-5541 (parts, minor repair only)

Bicycle Rental:

Utica: Mix's Trading Post, 602 Clark St., 815-667-4120



Emergency Information: State Police: Dist. 5: 815-726-6377, Hospitals: Dial 911
Dist. 17: 815-224-1171

Major Attractions

The flat Illinois prairie extends as far as the eye can see. It is not a sea of grass anymore, but an expanse of crops growing on some of the richest land in the world.

Highlights include:

- **Bureau** - Where the Hennepin Canal meets the Illinois River
- **Sheffield** - Close to the headquarters of the Hennepin Canal Parkway State Park
- **Annawan** - Near John -son Sauk Trail SP
- **Atkinson** - Giant Goose refuge on old strip mines
- **Geneseo** - Victorian homes, lively downtown, concerts in the park
- **East Moline** - See the mighty Mississippi!
- **Quad Cities** - 10 miles of attractive urban waterfront
- **Hennepin Canal State Trail** - Offers 90 miles of multiple-use trail within a linear park. Enjoy scenic views of the canal waterway, aqueducts, and locks, surrounded by rolling countryside.

Lodging:

Tiskilwa: Maple Manor B & B, 320 First St, 815-646-4135

Sheffield: Chestnut Street B&B, 301 E Chestnut St., 815-454-2419, 800-537-1304

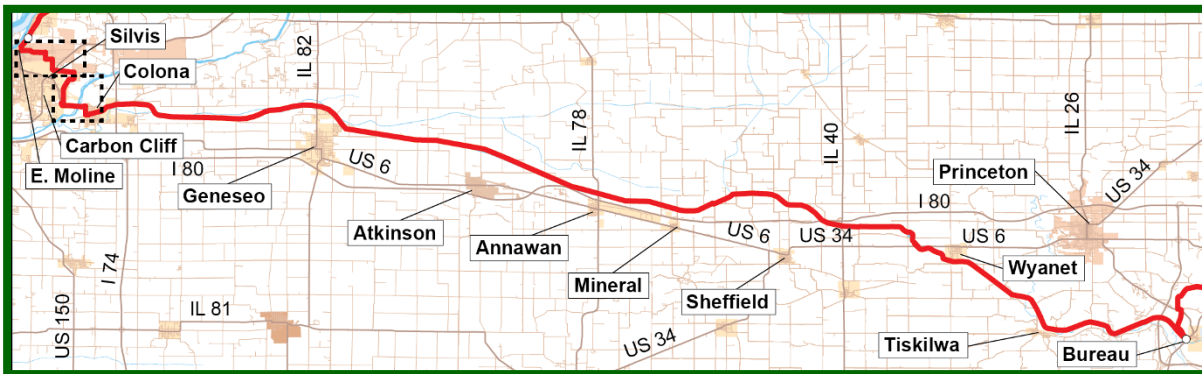
Geneseo: Americas Best Value Inn, 765 W Main St., 309-945-1898

Silvis: Plaza Motel, 1320-1st Ave, 309-792-0677

East Moline: Super 8 Motel, 2201 John Deere Rd, 309-796-1999

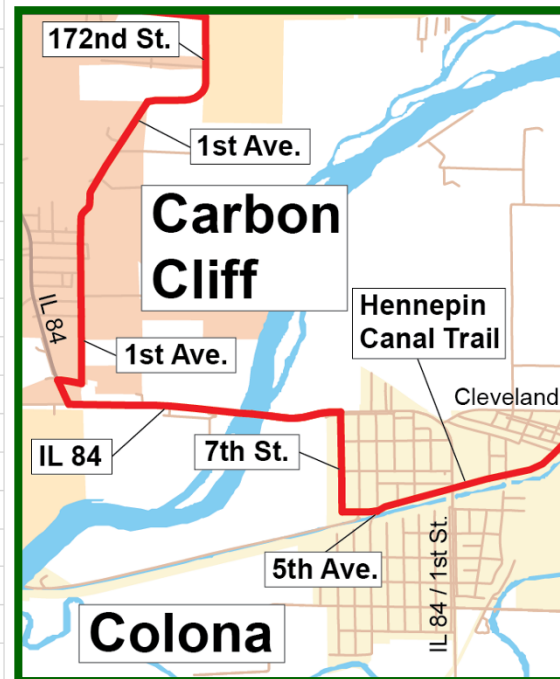
Moline: Radisson, Great River Trail & 15th St., 1415 River Dr., 309-764-1000; Economy Inn, 1191-19th St, 309-764-9644.

Also: Quad Cities Convention & Visitors Bureau, 1601 River Drive, Suite 110, 309-277-0937, 800-747-7800.





Start: Bureau - IL 29 and Hennepin Canal Trail				
Turn	Dir	On	Miles	Total
R	W	Hennepin Canal Trail to Bridge 5/ 1880E	7.4	7.4
* To Tiskilwa , go S on 1890E or 1800E				
-	NW	HCT to Br 10/ Walnut Rd (N to Wyanet)	6.9	14.3
-	NW	HCT to Visitor Center (S on IL 40 to Sheffield)	6.6	20.9
-	W	HCT to Br 23/ IL 78 (S to Annawan)	12.3	33.2
-	W	HCT to Br 29/ 2200E (S to Atkinson)	6.1	39.3
-	NW	HCT to Br 36/ 1500E (S to Geneseo)	7.4	46.7
-	W	HCT to Hennepin Dr/ 6th St - Colona	12.3	59.0
R	N	6th St	0.0	59.0
L	W	5th Ave	0.2	59.2
R	N	7th St	0.5	59.7
L	W	IL 84/ 1st Ave	1.1	60.8
R	N	IL 84/ 2nd Ave - Carbon Cliff	0.1	60.9
R	E	10th St	0.1	61.0
L	N	1st Ave/ 172nd St	2.1	63.1
L	W	Barstow Rd	1.0	64.1
-	N	158th St (unmarked)/ County 52	0.6	64.7
L	W	Morton St	0.3	65.0
R	N	36th St	0.4	65.4



Camping:

Barstow: Lundeen's Landing Campground, 21119 Barstow Rd, 309-781-9766

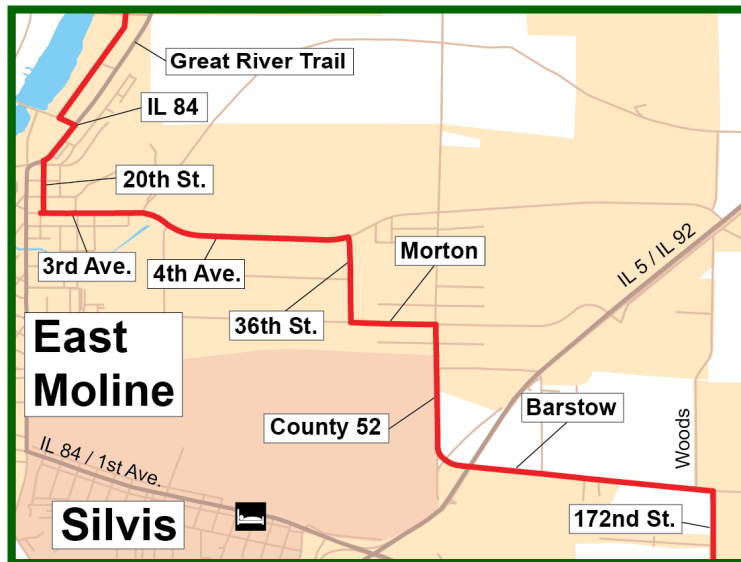
Sheffield: Hennepin Canal Parkway SP, 815-454-2328; Hickory Grove CG, 7478-1745 North Ave, 815-343-1214

Geneseo: Geneseo CG, 22978 Illinois 82, 309-944-6465

Emergency Information: State Police: Dist. 17: 815-224-1171; Hospitals: Dial 911



Turn	Dir	On	Miles	Total
L	W	4th Ave/ 3rd Ave - East Moline	1.2	66.6
R	N	20th St	0.2	66.8
R	NE	IL 84	0.2	67.0
L	NW	Campbell's Island Rd	0.1	67.1
R	NE	Great River Trail	0.5	67.6
Great River Trail at Empire Park - East Moline				



Food: (C-convenience, S-sit down) Tiskilwa (CS), Buda (C), Sheffield (CS), Mineral(CS), Annawan (CS), Atkinson (CS), Geneseo (CS), Colona (CS), East Moline(CS)

Bicycle Repair:

Geneseo: B & B Lawn Equipment & Cycle, 820 S Chicago St., 309-944-2660

Rock Island: Bike & Hike, 3913-14th Ave, 309-788-2092

Emergency Information: State Police: Dist. 17: 815-224-1171; Hospitals: Dial 911

Major Attractions

Wonderful Mississippi river vistas and long stretches of paved path make this segment of the GIT exceptional.

- **East Moline** - Empire Park: Concession and great kids' playground, and "The Quarter."
- **Hampton** - Heritage Center: interpretive center about river and region with native plants.
- **Rapids City** - Adventure Quest, and environmental art project near trail
- **Port Byron** - Classic riverfront downtown
- **Albany** - Albany Mounds State Historic Site, Native American burials
- **Fulton** - Authentic Dutch windmill on the river
- **Thomson** - Unique sand prairie in National Wildlife & Fish Refuge
- **Savanna** - Downtown nestled against high bluffs
- **Miss. Palisades State Park** - Stunning views, wild flowers



Lodging:

Moline: Call Quad Cities Conv. & Visit. Bur., 1601 River Drive, Suite 110, 309-277-0937, 800-747-7800

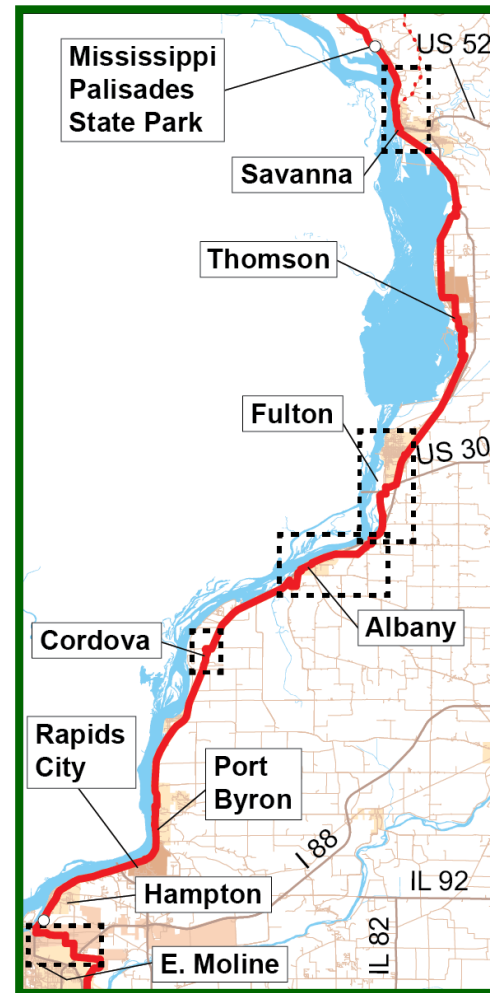
East Moline: Super 8, 2201 John Deere Rd., 309-796-1999; Comfort Inn & Suites, 2209 John Deere Expy, 309-792-4660

Cordova: Leisure Harbor Inn, B & B, 701 Main Ave., 309-654-2233

Fulton: Pine Motel, IL 84 & 13th St, 19020 13th St., 815-589-4847

Thomson: Executive Inn, IL 84 & One Mile Rd, 800 One Mile Road, 877-575-3233

Savanna: Granny O'Neil's River Inn, 31 Third St., 815-273-4726; Seven Eagles Resort, 9734 IL Route 84, 815-273-7301; Super 8 Motel, 101 Valley View Road, 815-273-2288; L&M Motel, US52 & IL64 E, 2000 North Oakton Road; 815-273-7728





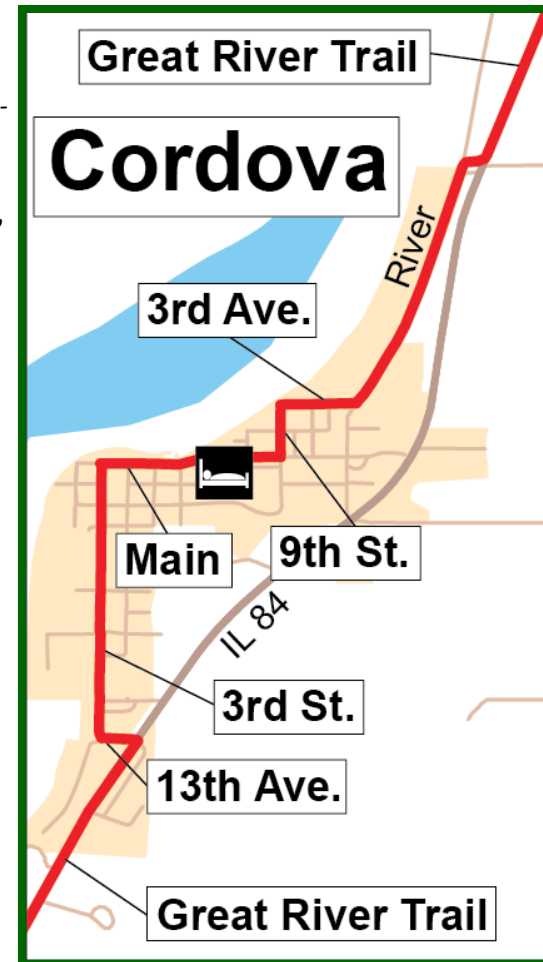
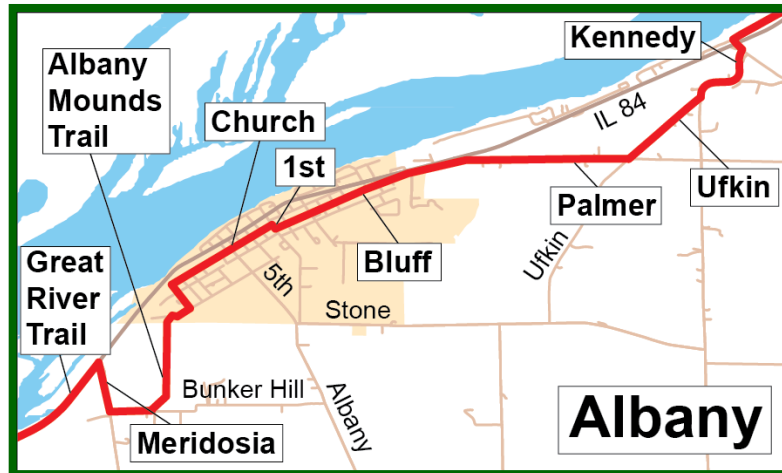
Camping:

Hampton: Illiniwek County For Pres, along GRT, 836 State Ave., 309-496-2620; Fishermans Corner, GRT, IL Route 84 North, 815-259-3628

Port Byron: Camp Hauberg, along Great River Trail, 12928 Illinois 84, 309-523-2168

Thomson: Thomson Causeway, GRT, 815-259-3628; Fin & Feathers, Riverview Rd on GRT, 6284 Riverview Rd., 815-273-3302; National Wildlife & Fish Refuge, Riverview Rd on GRT, 7071 Riverview Rd., 815-273-2732

Savanna: Mississippi Palisades SP, 16327 Il Route 84, 815-273-2731; Seven Eagles Resort, 9734 IL Route 84, 815-273-7301; Winter's Spring Lake Resort, 8048 Illinois 84, 815-273-4595; Lakewood Resort, Mill Hollow & IL 84, 6577 Mill Hollow Road, 815-273-2898



Start: East Moline - Great River Trail at Empire Park						
Turn	Dir	On	Miles	Total		
-	N	Great River Tr to downtown kiosk - Hampton	1.0	1.0		
-	NE	GRT to riverfront kiosk - Rapids City	4.5	5.5		
-	N	GRT to riverfront kiosk - Port Byron	1.9	7.4		
-	N	GRT to path's end south of Cordova	4.5	11.9		
L/R	W/N	3rd St (unmarked GRT) - Cordova	0.8	12.7		
R	E	Main Ave	0.4	13.1		
L	N	9th St	0.2	13.3		
R	E	3rd Ave	0.1	13.4		
L	N	River Rd	0.7	14.1		
R	E	171st Ave N	0.1	14.2		
L	N	Great River Trail	2.8	17.0		
R	E	206th Ave N	0.2	17.2		
L	NE	Great River Trail	4.6	21.8		
R	S	Meredosia Rd	0.3	22.1		
L/L	E/N	Trail through Albany Mounds Historical Site	1.0	23.1		
L	NW	11th Ave - Albany	0.2	23.3		
R	NE	Church St/ Bluff St (jog R at 1st Ave)	1.6	24.9		
R	E	Veer slightly right onto Palmer Rd	0.8	25.7		
L	NE	Ufkin Rd (gravel)	0.6	26.3		
L	N/E	Kennedy Rd/ Co 30 - cross IL 84	0.5	26.8		
R	NE	Ebson Rd	1.3	28.1		
L	N	Great River Trail (levee)	0.8	28.9		

Food is available at or near the following locations (C-convenience; S-sit down): East Moline(CS), Hampton(CS), Rapids City(CS), Port Byron (CS), Cordova(CS), Albany (CS), Thomson(CS), Savanna(CS), Mississippi Palisades State Park(C-seasonal)



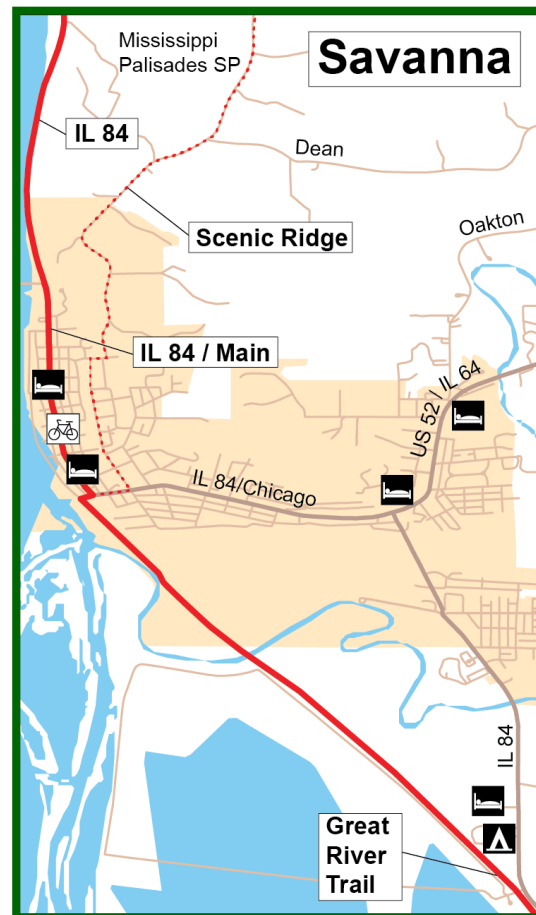
Emergency Information: State Police: Dist. 7: 309-752-4915 , Hospitals: Dial 911
Dist. 1: 815-632-4010

Turn	Dir	On	Miles	Total
R/L	E/N	Diamond Rd/ Ward Rd	0.4	29.3
L	N	Dakin Rd (cross RR tracks)	0.3	29.6
L/R	N	Trail next to road - to levee trail	1.3	30.9
L	W/N	Levee trail - Fulton	0.8	31.7
R	S	2nd St	0.1	31.8
L	E	9th Ave	1.1	32.9
L	N	Great River Trail	2.6	35.5
L/R	W/N	Unmarked road	2.3	37.8
L	W/N	Thomson Sand Prairie Trail	1.8	39.6
R	N	Lewis Ave (unmarked)	0.4	40.0
L	W	Main St - Thomson (to the right/east)	0.0	40.0
R	N	Sandridge Rd	1.1	41.1
L	W	Sandpatch Rd	0.4	41.5
R	N	Riverview Rd	4.0	45.5
R	W/N	Great River Trail	5.1	50.6
* - Visit the <i>Fish & Wildlife</i> interpretive center				
R	E	Unmarked road (cross RR) - Savanna	0.1	50.7
L	N	IL 84/ Main St (caution)	3.9	54.6
Main entrance - Mississippi Palisades State Park				

Bicycle Repair:

Rock Island: Bike & Hike, 3913-14th Ave, 309-788-2092;

Thomson: Arnold's Bikes & Embroidery, 831 W. Main St., 815-259-8289



Emergency Information: State Police: Dist. 7: 309-752-4915 , Hospitals: Dial 911
Dist. 1: 815-632-4010

Major Attractions

This is spectacular cycling country for those who are willing to accept the challenge of many ups and downs. The glaciers missed this section of Illinois; don't you.

- **Hanover** - Mallard Duck capital of the world.
- **Blackjack ridge** - Sweeping views of the valley.
- **Galena** - Lovingly restored 19th century city.
- **Unglaciater terrain** - Beautiful, but challenging.
- **Apple River Canyon St. Park** - Unique geology.
- **Lake Le-Aqua-Na St. Park** - Fish, swim or hike.

Lodging:

Freeport: Baymont Inn and Suites, 1060 N. Riverside Dr., 815-599-8510

Winnebago: Victorian Veranda Bed & Breakfast, 8430 W. State Rd., 815-963-1337

Rockford: For visitor information, contact

Rockford Area Convention & Visitors Bureau, 800-521-0849. Cliffbreakers Suites, 700 W. Riverside Blvd., 815-282-3033; Fox Run B&B Inn, 2815 N. Rockton Ave, 815-963-8151; Alpine Inn, 4404 E. State St., 888-398-3580, 815-399-1890; Travel Inn, 4850 E. State St., 815-398-5050; Sweden House Lodge, 4605 E. State St, 815-398-4130; more hotels near State St & I-90

Machesney Park: River House B&B, 11052 Ventura Blvd., 815-636-1884

Loves Park: Quality Inn & Suites, 4313 N Bell School Rd., 815-282-9300

Camping:

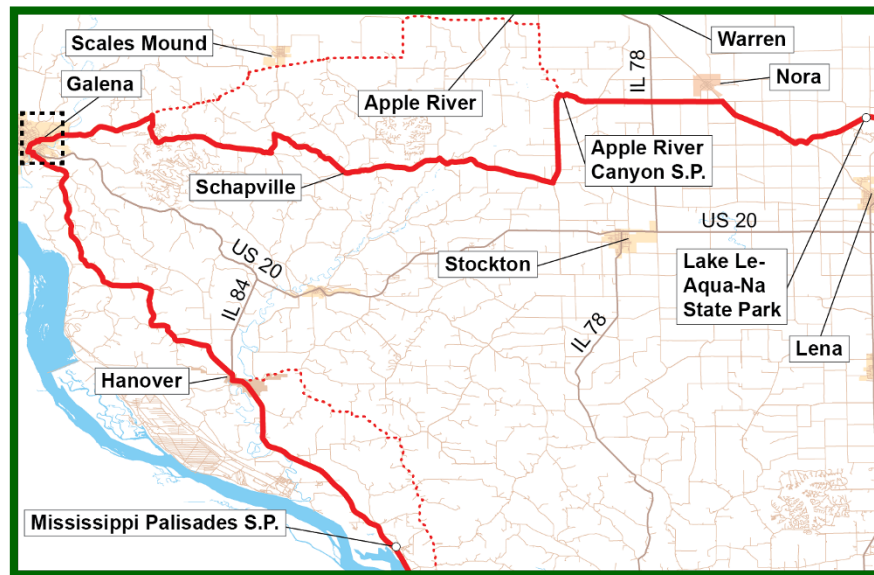
Lena: KOA, 10982 U.S. Hwy. 20 West, 815-369-2612, 866-536-5361

Cedarville/ Freeport: Fenwood Aquaculture Campground, W. Richland Rd at Jane Addams Trail, 815-238-0313

Pecatonica: Pecatonica River Forest Preserve, 14260 Brick School Road, 815-877-6100; Seward Bluffs Forest Preserve CG, 16999 Comly Rd, 815-877-6100

Loves Park: Rock Cut State Park, 7318 Harlem Rd., 815-885-3311

Mississippi Palisades State Park to Lake Le-Aqua-Na State Park - 68 miles



Start: Mississippi Palisades State Park - Main entrance				
Turn	Dir	On	Miles	Total
-	NW	IL 84 (caution) - Hanover	10.5	10.5
R	N	IL 84 (road turns R downtown)	0.3	10.8
L	NW	Slant L - Blackjack Rd (great ridge road, hilly)	14.9	25.7
R	N	3rd St - Galena	0.1	25.8
L	W	US 20/ Spring St (careful, heavy traffic)	0.2	26.0
R	N	Main St, downtown	0.7	26.7
R	E	Meeker St/ Field St/ Stagecoach Tr/ Co 3	4.7	31.4
R	S/E	Miner Rd/ Guilford Rd/ Rawlins Rd	5.8	37.2
L	N	Elizabeth-Scales Mound Rd	0.9	38.1
R	SE/E	Schapville Rd/ Co 15 - Schapville	7.0	45.1
R	SE	Scout Camp Rd/ Co 9	0.4	45.5
L	E	Townsend Rd	4.2	49.7
L	N	N. Canyon Park Rd/ Co 18	4.2	53.9
R	E	E. Canyon Rd	6.1	60.0
R	SE	Stagecoach Tr/ Galena Rd/ Co 13/ Co 6	3.8	63.8
L	NE	Pinhook Rd	3.2	67.0
R	S	N. Lake Rd	0.9	67.9
Entrance - Lake Le-Aqua-Na State Park				

Food is available at or near the following locations: (C-convenience, S-sit down) Hanover(CS), Galena(CS), Schapville(water), Stockton(CS), Apple River Canyon State Park(C-seasonal), Warren(CS), Nora(S), Lake Le-Aqua-Na State Park (C-seasonal), Lena (CS)

Bicycle Repair:

Galena: Fever River Outfitters, 525 S. Main St., 815-776-9425

Bike Rental:

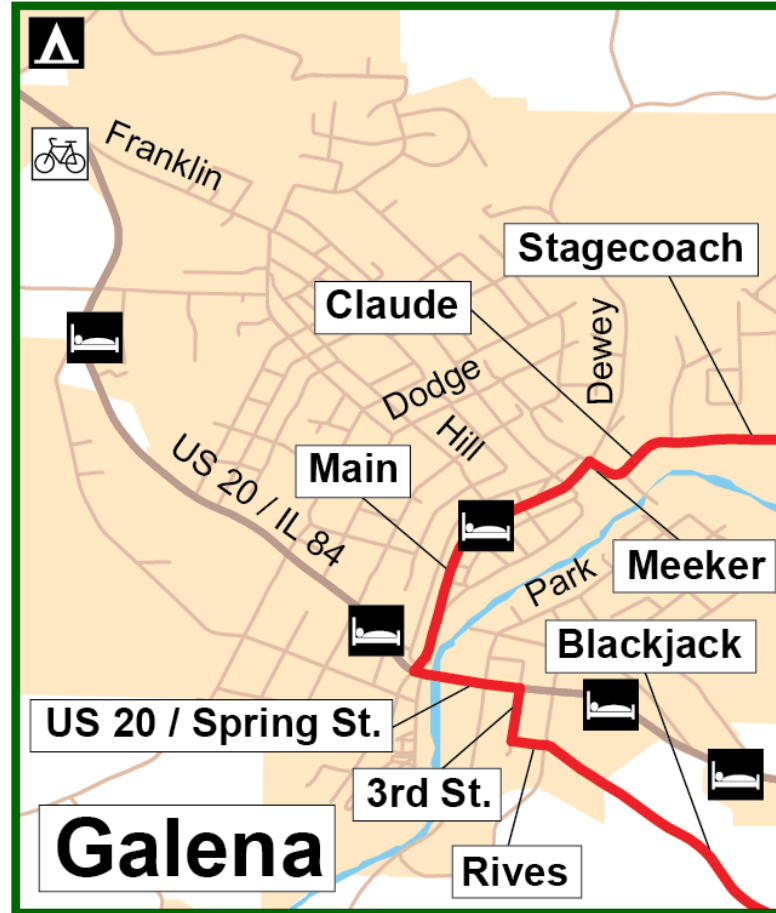
Chestnut Mtn Resort, 815-777-1320; Fever River Outfitters (see above)



Emergency Information: State Police: Dist. 16: 815-239-1152; Hospitals: Dial 911

Alternate Routes: To avoid IL 84 north of Savanna, use the following: N-4th/Scenic Ridge Rd; N-Derinda Rd; W-Hanover Rd; S-Plateau St; W-Jefferson St to Hanover. This route is hilly and about 6 miles longer than using IL 84.

The route from Galena to Apple River Canyon is very challenging and unsupported. A somewhat easier route - with two small towns, but heavier traffic - follows Stagecoach Trail from Galena to N. Canyon Park Rd, then south to Apple River Canyon State Park. (25.5 miles)



Emergency Information: State Police: Dist. 16: 815-239-1152; Hospitals: Dial 911

Major Attractions

Ride the rolling landscape, abounding in sweeping vistas, lush greenways and popular urban trails.

- **Lena** - Small town charm with lovely shops, restaurants
- **Freeport** - Charming, historic city
- **Pecatonica Prairie Path** - Upgrading in the works
- **Rockford** - great Rock River paths at its heart
- **Rock Cut State Park** - a mecca for nature fans

Lodging:

Freeport: Baymont Inn

and Suites, 1060 N. Riverside Dr., 815-599-8510

Winnebago: Victorian Veranda Bed & Breakfast, 8430 W. State Rd., 815-963-1337

Rockford: For visitor information, contact Rockford Area Convention & Visitors Bureau, 800-521-0849. Cliffbreakers Suites, 700 W. Riverside Blvd., 815-282-3033; Fox Run B&B Inn, 2815 N. Rockton Ave, 815-963-8151; Alpine Inn, 4404 E. State St., 888-398-3580, 815-399-1890; Travel Inn, 4850 E. State St., 815-398-5050; Sweden House Lodge, 4605 E. State St, 815-398-4130; more hotels near State St & I-90

Machesney Park: River House B&B, 11052 Ventura Blvd., 815-636-1884

Loves Park: Quality Inn & Suites, 4313 N Bell School Rd., 815-282-9300

Camping:

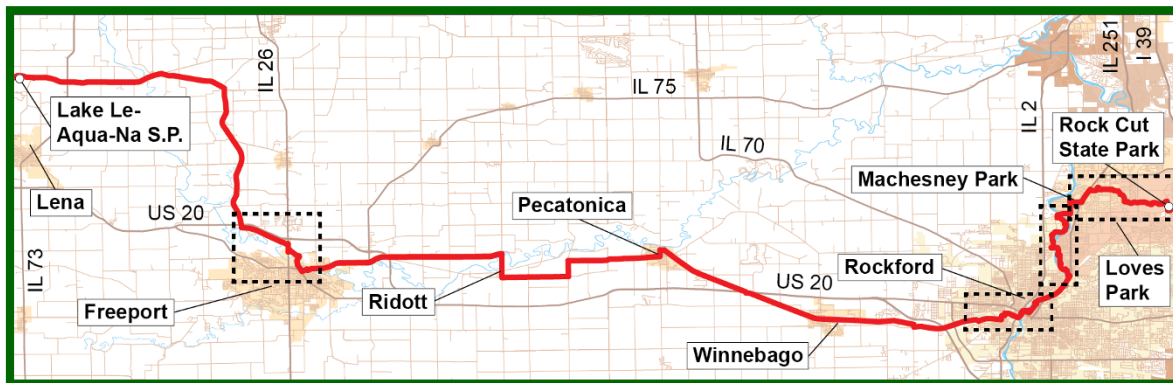
Lena: KOA, 10982 U.S. Hwy. 20 West, 815-369-2612, 866-536-5361

Cedarville/ Freeport: Fenwood Aquaculture Campground, W. Richland Rd at Jane Addams Trl, 815-238-0313

Pecatonica: Pecatonica River Forest Preserve, 14260 Brick School Road, 815-877-6100; Seward Bluffs Forest Preserve CG, 16999 Comly Rd, 815-877-6100

Loves Park: Rock Cut State Park, 7318 Harlem Rd., 815-885-3311

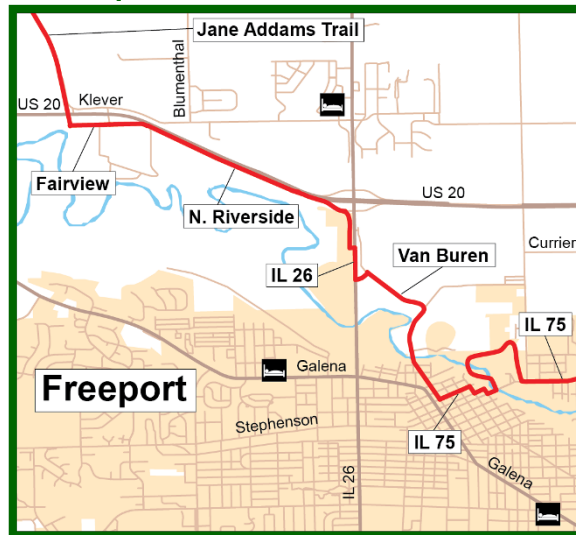
Lake Le-Aqua-Na State Park to Rock Cut State Park - 65 miles



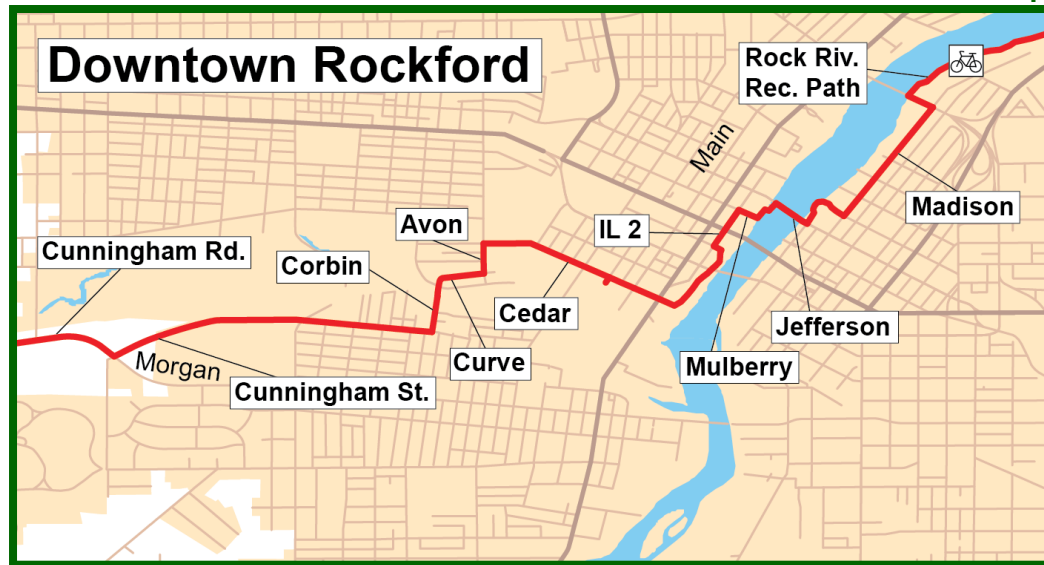


Start: Lake Le-Aqua-Na State Park - Main entrance

Turn	Dir	On	Miles	Total
-	N/E	N. Lake Rd/ W. Lake Rd/ McConnell/ Co 7	5.8	5.8
R	SE	McConnell/ Co 19	2.5	8.3
R	S	Jane Addams Trail	7.0	15.3
L	E/S	Heine Rd/ Jane Addams Trail/ Riverside Dr	2.2	17.5
R	S	IL 26 (paved shoulders)	0.4	17.9
L	SE	Van Buren St - Freeport	1.3	19.2
L/R	E	Douglas St/ Adams St	0.3	19.5
L/R	E	Exchange St/ Liberty St	0.1	19.6
L	NE	IL 75/ Stephenson St	0.1	19.7
L	N/S	Pecatonica Prairie Path	0.6	20.3
L	E	IL 75/ Stephenson St	0.0	20.3
L	N	Henderson Rd	0.2	20.5
R	E/S	Park St/ park trail	0.5	21.0
L	E	IL 75	1.7	22.7
-	E	River Rd/ Co 8	5.0	27.7
R	S	Rock City Rd/ Washington St/ Co 10 - Ridott	1.2	28.9
L	E	3rd St/ Ridott Rd	2.4	31.3
L	N	Farwell Bridge Rd	0.8	32.1
R	E	Sumner Rd/ 7th St - Pecatonica	3.5	35.6
L	N	Main St	0.3	35.9
R	SE	Pecatonica Prairie Path - Winnebago	7.0	42.9
-	E	Pecatonica Prairie Path	3.5	46.4
R	S	Meridian Rd	0.2	46.6



Emergency Information: State Police: Dist. 16: 815-239-1152; Hospitals: Dial 911



Emergency Information: State Police: Dist. 16: 815-239-1152; Hospitals: Dial 911

Turn	Dir	On	Miles	Total
L	E	Cunningham Rd	2.6	49.2
L	NE/E	Cunningham St - Rockford	0.8	50.0
L	N/E	Corbin St/ Curve St	0.3	50.3
L	N	Avon St	0.1	50.4
R	E	Cedar St	0.6	51.0
L	N/W	Riverwalk Trail/ Elm St	0.3	51.3
R	NE	Wyman St	0.1	51.4
R	E/N	Mulberry St/ River Dr	0.1	51.5
R	E	River trail and bridge	0.3	51.8
L	NE	Madison St	0.4	52.2
L	W/NE	Rock River Rec Trail	2.0	54.2
L	W/NE	Ransom St/ Arlington St - Loves Park	0.4	54.6
L	W/N	Snow Ave/ Forest Grove St	0.1	54.7
-	NW	Rock River Rec Trail	0.4	55.1
L/L	N/W	East Dr/ River Ln	0.5	55.6
-	N/W	Rock River Tr (crosses river, Riverside Blvd)	0.7	56.3
R	E/N	Rock River Rec Trail	2.2	58.5
R	E	Bauer Path (cross river) - Machesney Park	0.7	59.2
L	N	Victory Ln	0.6	59.8
R	E	Machesney Rd (trail on north side)	0.4	60.2
L	NE	Frontage Rd	0.7	60.9
R	E/N	Crystal Dr	0.4	61.3
R	E	Gladys Dr (to Harlem Ave light)	0.6	61.9
-	E/S	High school (thru 1st lot on right)	0.1	62.0
L	E	Willow Creek Trail	2.6	64.6
Willow Creek Trail at Rock Cut State Park				

Food (C-convenience, S-sit down): McConnell(C), Freeport(CS), Ridott (C), Pecatonica(CS), Winnebago (C), Rockford (CS), Rock Cut State Park (C-seasonal)

Bicycle Repair:

Dakota: Tyger's Pro Bicycle Service, 510 W. Main St., 815-449-2203

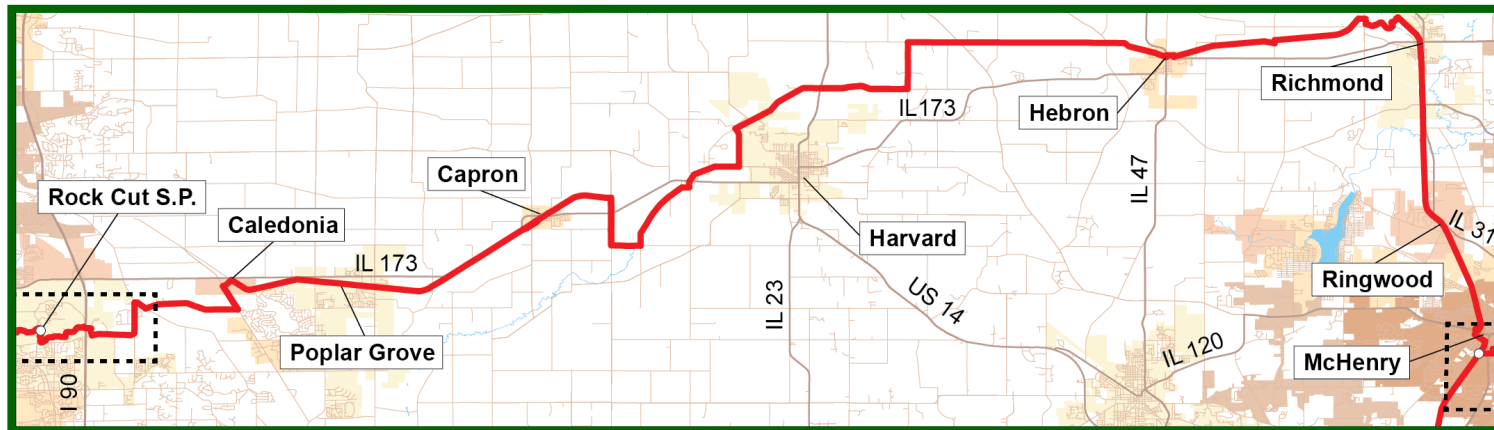
Freeport: Freeport Bicycle Co., 120 S. Chicago Ave., 815-235-2014

Rockford: Bicycle Connection, 3440 N. Main St., 815-966-2453; Kegel's Bicycle Store, 2605 Charles St, 800-591-9047, 815-229-5826

Loves Park: Bob's Bike Shop, 7921 Venus St, 815-633-4263; Rockford Bicycle Co, 4169 N. Perryville Rd., 815-636-0664; Shosies Cyclery, 514 Windsor Rd, 815-633-0755



Emergency Information: State Police: Dist. 16: 815-239-1152; Hospitals: Dial 911



Major Attractions

Enjoy the rural topography of northern Illinois along paths and almost traffic-free roads. This is cow and corn country — and, yes, some pines.

- **Capron** - Small town trail's end
- **State Line Road** - Wisconsin on the left, Illinois on the right
- **Hebron** - Small town personified
- **Richmond** - Shoppes, crafts, antiques
- **McHenry** - Gateway to the lakes

Lodging:

Rockford and Loves Park: See Page 15.

Harvard: Heritage Inn & Suites, 1701 S. Division St., 815-943-0700

Richmond: Super 8, 11200 N. U.S. Route 12 (Main St.), 815-678-4711; Drake Motel, 8613 US Hwy. 12, 815-678-3501

McHenry: Super 8 Motel, 110 State Route 31 South, 815-344-9200

Camping: Spring Grove: Chain O' Lakes State Park, 8916 Wilmet Rd., 847-587-5512



Start: Willow Creek Trail at Rock Cut State Park				
Turn	Dir	On	Miles	Total
-	S/E	Rock Cut SP road system	2.2	2.2
L	E	Harlem Rd	1.1	3.3
L	N	Argyle Rd	1.0	4.3
R	E	Main St	0.1	4.4
R	SE	Beloit Rd	0.2	4.6
L	E	Kelley Rd	2.4	7.0
L	NW	Caledonia Rd/ Co 7 - Caledonia	0.9	7.9
R	NE	Main St	0.2	8.1
R	E	Long Prairie Trail - Poplar Grove	3.8	11.9
-	NE	Long Prairie Trail - Capron	5.1	17.0
-	E	Long Prairie Trail	1.9	18.9
R	S	County Line Rd	1.5	20.4
L	E	Streit Rd	0.8	21.2
L	NE/E	Pagles Rd/ Beck Rd - Chemung	2.4	23.6
L	N	Island Rd/ Oak Grove Rd	0.4	24.0
L	NW	Maxon Rd (cross RR)	0.1	24.1
R	NE/E	Harvard-Chemung Trail - Harvard	1.1	25.2
L	N	Lawrence Rd	1.3	26.5
R	NE/E	Oak Grove Rd/ Co 24	4.8	31.3
L	N	Reese Rd	1.5	32.8
R	E	Hebron Rd/ Bigelow Ave - Hebron	6.5	39.3

Three trails, the Long Prairie, the Hebron, and the Prairie, make this section memorable. Straddle the line between Illinois and Wisconsin, and touch upon the vacation ambience of the Chain O' Lakes.



Emergency Information: State Police: Dist. 2: 815-931-2405; Hospitals: Dial 911

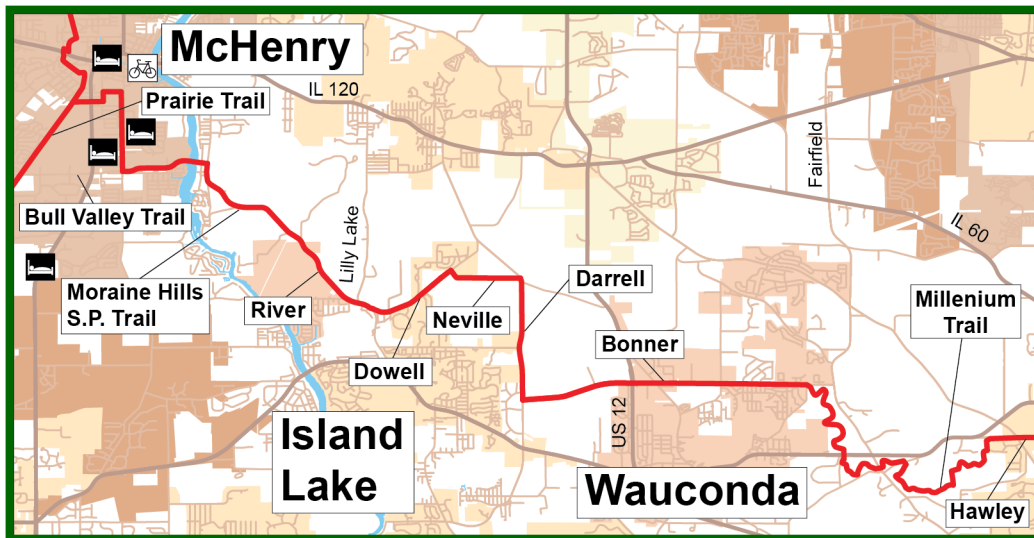
Turn	Dir	On	Miles	Total
L	N	IL 47/ Main St	0.1	39.4
R	E/S	Mead Ave/ Church St	0.3	39.7
L	E	Hebron Trail (jogs right 0.1mi @2.6mi)	6.6	46.3
R	SE	Prairie Trail - Richmond	1.2	47.5
-	S	Prairie Trail - Ringwood	6.1	53.6
-	S	Prairie Trail - McHenry	4.5	58.1
Prairie Trail at Lillian St - McHenry				

Cue Sheet -- Rock Cut SP to McHenry, 58 miles

Food is available at or near the following locations (C-convenience, S-sit down): Caledonia (S), Poplar Grove (CS); Capron (CS), Harvard (C), Hebron (C), Richmond (CS), McHenry (CS)

Bicycle Repair:

McHenry: The Bike Haven, 3318 Pearl St., 815-385-4642



Emergency Information: State Police: Dist. 2: 815-931-2405; Hospitals: Dial 911

Major Attractions

Follow three major trails through greenways in the midst of Chicago suburbia. Woods and prairie, wetlands and flowing water, burnished riverside towns: this, indeed, is grand riding.

- **Prairie Trail:** Richmond to Algonquin, diverse scenery
- **Fox River Trail:** Algonquin to Elgin, follow the Fox
- **Illinois Prairie Path:** Elgin to Maywood, serene green corridor

This section of the Grand Illinois Trail can be accessed completely on trails. It has abundant accommodations, scenic towns and villages, the refreshing waters of the Fox River, and a linear prairie oasis in the midst of one of the nation's largest metropolitan areas. Whether for recreation or transportation—or just plain relaxing—this GIT segment is superlative.

Food is available at or near the following locations (C-convenience; S-sit down):

Crystal Lake(CS), Algonquin(CS), Dundee (CS), Elgin (CS), West Chicago (CS), Wheaton (CS), Glen Ellyn (CS), Lombard (CS), Villa Park (CS), Elmhurst (CS), Bellwood (CS), Maywood (CS)

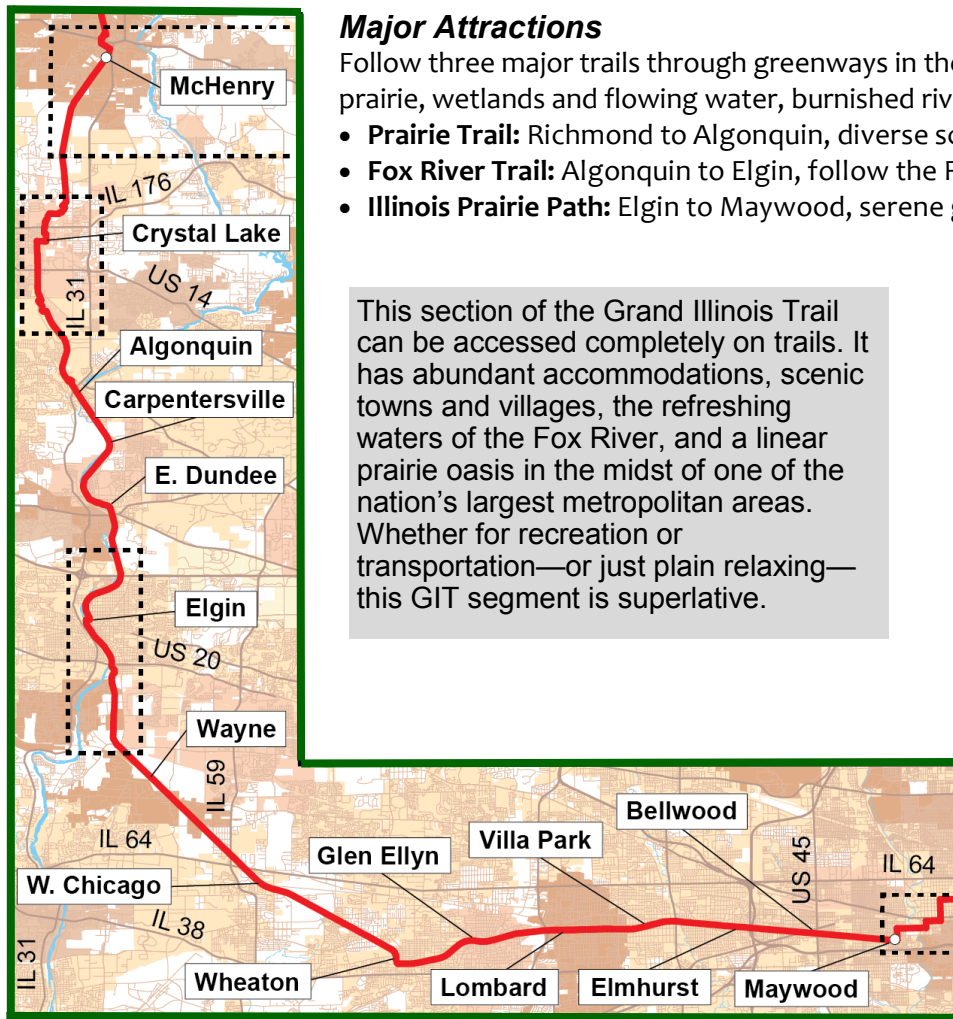
Bicycle Repair:

Crystal Lake: Crystal Lake Ski & Bike, 905a Pyott Rd, 815-455-5450; Lucky Brake Bicycles, 470 W. Virginia St, 815-459-1833

Wheaton: Midwest Cyclery, 117 E Front St., 630-668-2424; Spokes, 69 Danada Dr., 630-690-2050

Lombard: J&R Cycle & Ski, 716 S Main St., 630-620-1606; Koslow Cycle, 21W415 North Ave, 630-629-4773

Elmhurst: Stemple's Cycles, 494 Spring Rd, 630-834-1012



Lodging:

Crystal Lake: Crystal Lake Motel, 110 S. Virginia St., 815-459-0476; Holiday Inn, 800 S IL Route 31, 815-477-7000, 800-972-2494; Super 8 Motel, 577 Crystal Point Dr, 815-788-8888

Algonquin: Victorian Rose Garden B&B, 314 Washington St., 847-854-9667; Holiday Inn Express, 2595 Bunker Hill Dr., 800-972-2494, 847-458-6000

West Dundee: The Mansion B&B, 305 Oregon Ave, 847-426-7777; Courtyard by Marriott, 2175 Marriott Dr., 847-429-0300

Elgin: Concentrated around I-90 & IL 31 are: Colonial Lodge Motel, 788 Villa St., 847-742-2790; Holiday Inn Hotel & Suites, 495 Airport Rd., 800-972-2494, 847-488-9000; Hampton Inn, 405 Airport Rd., 847-931-1940; Quality Inn, 500 Tollgate Rd., 847-608-7300; Super 8 Motel, 435 Airport Rd., 847-888-0088; Towne Place Suites Marriott, 2185 Marriott Dr., 847-608-6320. At I-90 and IL 25 is Lexington Inn & Suites, 1585 Dundee Ave., 847-695-2100

Glen Ellyn: Crowne Plaza, 1250 Roosevelt Rd, 630-629-6000, 877-317-5789; Budgetel Inn, 675 Roosevelt Rd, 630-469-8500

Lombard: Comfort Suites, 530 W North Ave, 630-268-1300; Highland Manor Motel, 19W545 Roosevelt Road, 630-627-5700; Fairfield Inn & Suites, 645 W. North Ave, 630-629-1500; several hotels near Highland Ave and 22nd St

Villa Park: Brer Rabbit Motel, 56 E. North Ave, 630-832-2850; InTown Suites, 350 E Roosevelt Road, 630-941-9075

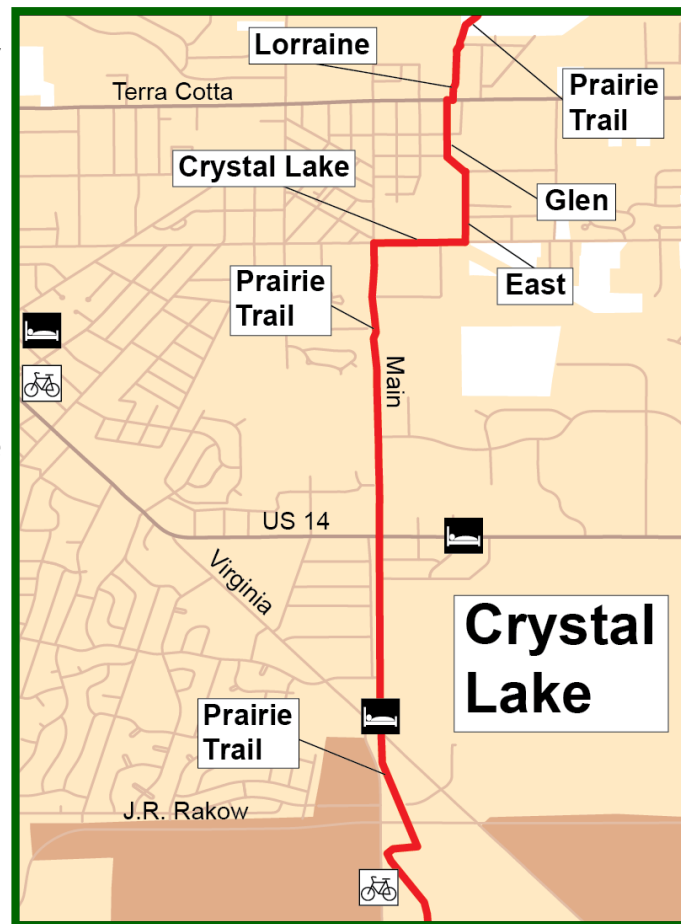
Elmhurst: Clarion Inn, 933 S Riverside Dr., 630-279-0700

Hillside: Best Western, 4400 Frontage Rd, 708-544-9300, 800-780-7234

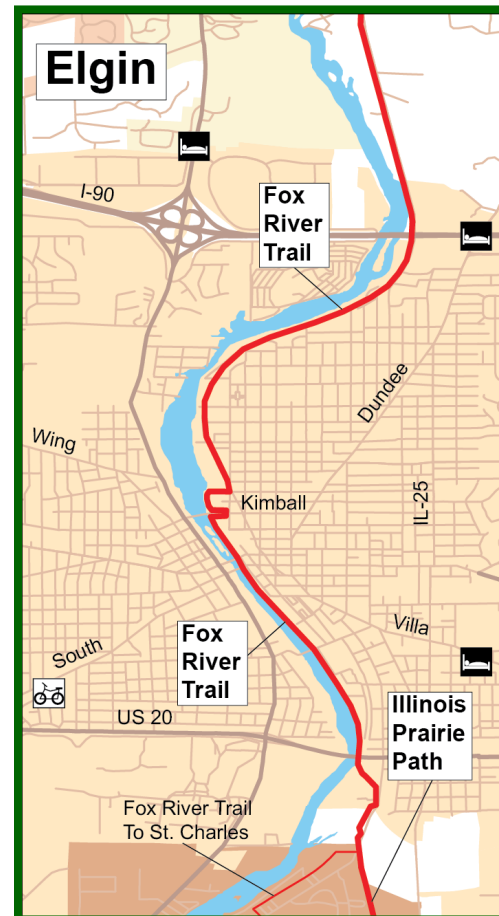
Broadview: Travel Inn, 1150 W. Roosevelt Rd, 708-681-2550

Camping: **Warrenville:** Blackwell Forest Preserve (off IL56), 630-933-7248

McHenry to Maywood - 55 miles



Start: Prairie Trail at Lillian St, McHenry				
Turn	Dir	On	Miles	Total
-	S	Prairie Trail	6.6	6.6
-	S	Lorraine Dr - Crystal Lake	0.2	6.8
L	W	IL 176/ Terra Cotta Ave - brief jog L	0.0	6.8
R	S/SE	Glen Ave/ Prairie St	0.3	7.1
L	S	East St	0.3	7.4
R	W	Crystal Lake Ave	0.2	7.6
L	S	Prairie Trail - Algonquin	6.0	13.6
-	S	Fox River Trail - Carpentersville	4.4	18.0
-	SE	Fox River Trail - East Dundee	1.1	19.1
-	S	Fox River Trail - Elgin	3.6	22.7
L/R	S	Fox River Trail - downtown Elgin	1.4	24.1
-	S	Fox River Trail (to trail junction)	2.0	26.1
L	S/SE	IL Prairie Path, Elgin Br - West Chicago	7.7	33.8
-	SE	IL Prairie Path, Elgin Br - Winfield	3.9	37.7
-	SE	IL Prairie Path, Elgin Br - Wheaton	2.6	40.3
L	E	Illinois Prairie Path - Glen Ellyn	2.8	43.1
-	E	Illinois Prairie Path - Lombard	2.6	45.7
-	E	Illinois Prairie Path - Villa Park	2.5	48.2
-	E	Illinois Prairie Path - Elmhurst	1.6	49.8
-	E	Illinois Prairie Path - Bellwood	3.0	52.8
-	E	Illinois Prairie Path - Maywood	2.3	55.1
Illinois Prairie Path at 5th Ave - Maywood				



Major Attractions

An alternative route featuring some easy road riding before picking up delightful trails on Chicago's North shore.

- **Moraine Hills State Park** - marsh, bog, glacial debris, McHenry
- **North Shore Path** - paved trail from Mundelein to Lake Bluff
- **Des Plaines River Trail** - Mt. Bike route from Wisconsin border to Maywood
- **McClory & Green Bay Trails** - follow the lakefront from Lake Bluff to Chicago
- **North Branch Trail** - winds along the N branch of the Chicago River
- **Chicago Lakefront Bike Path** - superb urban recreation
- **Navy Pier** - east focus of the trail; stop and enjoy!

Lodging:

Mundelein: Motels by IL83 & US45: DoubleTree by Hilton, 510 IL 83, 847-949-5100; Comfort Inn, 517 IL 83, 847-566-5400; Super 8, 1950 S. Lake St., 847-949-8842; Univ. of St. Mary's Conference Center, 1000 E. Maple Ave, 847-970-4951

Libertyville: at IL137 & IL21: Days Inn, 1809 N. Milwaukee Ave., 847-816-8006; Holiday Inn Express, 77 Buckley Rd., 847-549-7878; Candlewood Suites, 1100 US 45, 847-247-9900

Lake Bluff: Sleep Inn, 3250 Bittersweet Ave, 847-578-9900; Sunset Motel, 511 Rockland Rd, 847-234-4669

Lake Forest: Deer Path Inn, 225 E. Illinois Rd, 847-234-2280

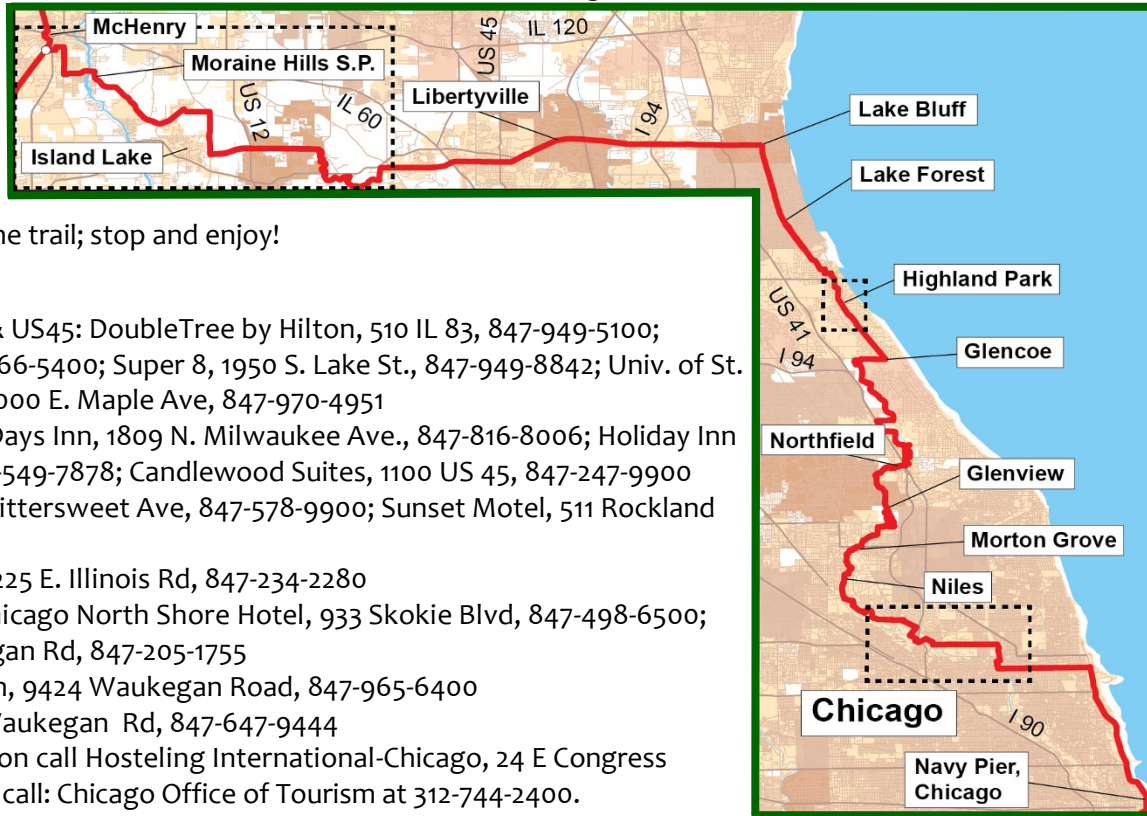
Northbrook: Renaissance Chicago North Shore Hotel, 933 Skokie Blvd, 847-498-6500; Red Roof Inn, 340 S. Waukegan Rd, 847-205-1755

Morton Grove: Best Western, 9424 Waukegan Road, 847-965-6400

Niles: Thriftlodge, 7247 N. Waukegan Rd, 847-647-9444

Chicago: for more information call Hosteling International-Chicago, 24 E Congress Parkway, 312-360-0300. Also call: Chicago Office of Tourism at 312-744-2400.

Alternate Route: McHenry to Chicago-Navy Pier - 72 miles



Start: Prairie Trail at Lillian St, McHenry					
Turn	Dir	On	Miles	Total	
L/R/L	E/N/E	Lillian St/ Center St/ Kane Ave	0.7	0.7	
R	S	Green St	1.2	1.9	
L	E	Miller Hwy/ Bull Valley (trail)	1.0	2.9	
R	SE	River Rd (trail and then road)	3.0	5.9	
L	E/NE	Dowell Rd	1.2	7.1	
R	SE/E	Neville Rd	0.8	7.9	
R	S	Darrell Rd	1.8	9.7	
L	E	Bonner Rd	3.2	12.9	
R	S	Wauconda Rd	0.0	12.9	
L	SE/NE	Millenium Trail (turns, tunnels)	4.6	17.5	
-	E	Millenium Trail (along Hawley Rd)	3.2	20.7	
-	E	Hawley Rd - Midlothian	1.5	22.2	
R	SE	Brice Ave	0.0	22.2	
L	NE/E	North Shore Bike Path - Lake Bluff	7.6	29.8	
R	S	Robert McClory Trail - Highwood	5.5	35.3	
L/R/L	E/S/E	Trail along Clay, Lakeview, Walker	0.5	35.8	
R/L	S	St. Johns Ave	0.2	36.0	
R	W	Bloom St	0.2	36.2	
L	S	Robert McClory Trail - Highland Park	0.6	36.8	
L	E	Vine Ave	0.1	36.9	
R	S	St. Johns Ave/ Sheridan Rd	0.8	37.7	
L/R	S	Robert McClory Trail	2.4	40.1	

Bicycle Repair:

Mundelein: M & M Cyclery, 734 S. Butterfield Rd., 847-362-2451

Libertyville: George Garner Cyclery, 740 N Milwaukee, 847-362-6030; Chris Cycle Center, 130 Peterson Rd., 847-680-9622

Lake Forest: Kiddles Sports, 258 Market Square, 847-234-0025

Highland Park: Higher Gear, 1898 Sheridan Rd., 847-433-2453; Alberto's Cycles, 661 Central Ave., 847-432-0015

Winnetka: T.L. Fritts Sporting Goods, 560 Chestnut St, 847-446-6694

Skokie: Al's Cycle Shop, 8118 Lincoln Ave., 847-673-0135

Niles: Amlings Cycle, 8140 N. Milwaukee Ave., 847-692-4240



Emergency Information: State Police: 847-294-4400; Hospitals: Dial 911



Turn	Dir	On	Miles	Total
R	W	Lake-Cook Rd/ N. Branch Tr - Glencoe	0.7	40.8
L	S	N. Branch Trail/ Chi. Botanical Garden	1.2	42.0
<i>(Cross Dundee Rd at service entrance light)</i>				
R	W/S	North Branch Trail	15.3	57.3
L	E	Devon Ave	0.3	57.6
<i>* Planned: N. Branch Trail extend to Gompers Park; S on Pulaski; E on Argyle; N on Ridgeway; E/S alternating between river trail and Carmen to Lawrence Ave</i>				
R	S/SE	Spokane Ave/ Leoti Ave	0.5	58.1
R	SW/SE	Leader Ave/ Lansing Ave	0.7	58.8
R	SW/SE	Clifford Ave/ Las Casas Ave	0.2	59.0
L	NE	Forest Glen Ave	0.3	59.3
R	SE/S	Kercheval Ave/ Kenton Ave	0.3	59.6
L	E	Bryn Mawr Ave	2.0	61.6
R	S	North Shore Channel Trail	0.8	62.4
R	W	Argyle St (cross river)	0.0	62.4
L	S	North Shore Channel Trail	0.3	62.7
L	E	Lawrence Ave	2.8	65.5
R	S	Chicago Lakefront Trail	6.1	71.6
Lakefront Path at Navy Pier - Chicago				

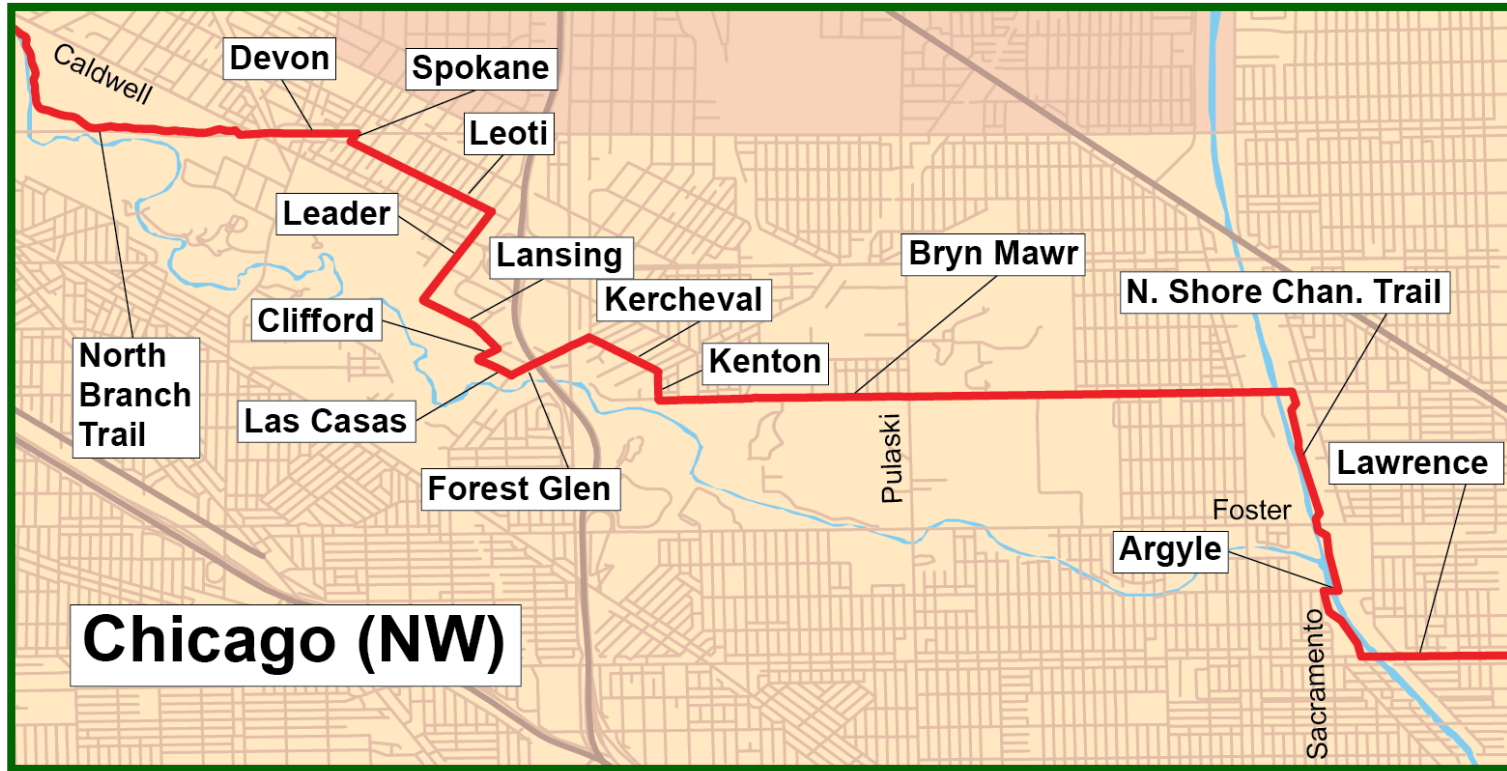
Bicycle Repair:

Chicago (area code 773 unless noted): Cycle Smithy, 2468 N Clark St., 281-0444; Johnny Sprockets, 3001 N. Broadway, 244-1079, and 5434 N. Clark, 293-1697; Kozy's, 3712 N Halsted, 281-2263; MOX Multisport, 738 W Randolph St., 312-466-9111; On the Route Bicycles, 3144 N Lincoln Ave., 477-5066; Performance Bicycle Shop, 2720 N Halsted St., 248-0107; Quick Release Bike Shop, 1527 N. Ashland Ave., 871-3110; Rapid Transit Cycleshop, 1900 W North Ave, 227-2288; Upgrade Cycle Works, 1130 W Chicago Ave., 312-226-8650; Uptown Bikes, 4653 N. Broadway St., 728-5212; Village Cycle Center, 1337 N Wells St., 312-751-2488; Yojimbo's Garage, 1310 N Clybourn Ave., 312-587-0878



Food is available throughout this section.

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Illinois Department of Natural Resources

One Natural Resources Way

Springfield, IL 62702-1271

(217) 782-6302

<http://www.dnr.illinois.gov/recreation/greenwaysandtrails/Pages/GrandIllinoisTrail.aspx>

User Guide

3rd Edition—2015

The Grand Illinois Trail is growing and changing. For the latest updates, visit the GIT web site at www.dnr.illinois.gov/recreation/greenwaysandtrails/Pages/GrandIllinoisTrail.aspx or the League of Illinois Bicyclists web site at www.bikelib.org/git.