

Illinois Bike Summit IDOT Complete Streets Policy Presentation



**Illinois Department
of Transportation**

Aren Kriks, P.E.
District One Bicycle Coordinator
and Bureau of Programming Project
Engineer

Overview

- History of Complete Streets
- IDOT Policy
- Warrants for Bicycle and Pedestrian Accommodations
- Examples
- Coordination, Funding, and Agreements
- Clybourn Avenue Pilot Project
- Questions & Answers

What is a Complete Street?

- Roadways that accommodate all users such as pedestrians, bicyclists, transit riders, and motorists.
- They may include sidewalks, median islands, shared-use paths, on-street bike lanes, and facilities for transit.
- They consider the context of the surrounding community.




<http://www.smartgrowthamerica.org/complete-streets>

More Info

And why build them?

“Streets designed with only cars in mind may limit transportation choices by making walking, bicycling, and taking public transportation inconvenient, unattractive, and dangerous.”¹




¹ <http://www.smartgrowthamerica.org/complete-streets/complete-streets-fundamentals/complete-streets-fundamentals>


And why build them?

Walking, biking, or riding the bus or train may or may not be a *choice*, and Complete Streets policies recognize the many ways we travel.

- 1 in 12 have no access to vehicles
- 1 in 5 Americans over 65 do not drive
- Everyone under the age of 15



<https://www.gettyimages.com/detail/stock-photo/303> | photo: Chris Metka



<https://www.gettyimages.com/detail/stock-photo/140> | photo: Dan Burden

Purpose of Policy

It is thought that Complete Streets can help promote safety, mobility, health, sustainability, equity, and economic growth.

In Good Company

- Illinois was the first state to adopt a Complete Streets law for roadways under its jurisdiction, but many have followed.
- Over 720 regional and local agencies, 30 states, the Commonwealth of Puerto Rico, and the District of Columbia have adopted policies, laws, and resolutions.
- Examples in Illinois: Arlington Heights, Blue Island, Champaign-Urbana, Cook County, DuPage County

BICYCLING FACTS + FIGURES

- \$\$\$ Houses located in areas with high availability of bicycle lanes are worth up to **\$34,000 MORE** than similar houses in areas with average levels.
- NEW BICYCLES are sold in the U.S. each year: **7.2 million**
- The average AMERICAN household spends **\$170** per year on walking and exercise (TRUCK CARS). That's more than they spend on **FOOD**.

State Design Manuals



Bureau of Design and Environment Manual



Illinois Department of Transportation
Division of Highways

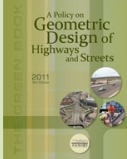


Bureau of Local Roads and Streets Manual

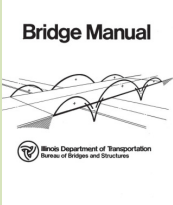


Illinois Department of Transportation
Division of Highways


Other Design Manuals



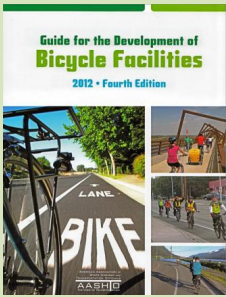
Geometric Design of Highways and Streets



Bridge Manual



Illinois Department of Transportation
Bureau of Bridges and Structures



Guide for the Development of Bicycle Facilities
2012 - Fourth Edition

Illinois Complete Streets Law

Enacted 2007, Public Act 095-0665 (SB0314)

Sec. 4-220. Bicycle and pedestrian ways.

(a) Bicycle and pedestrian ways shall be given full consideration in the planning and development of transportation facilities, including the incorporation of such ways into State plans and programs.

(b) In or within one mile of an urban area, bicycle and pedestrian ways shall be established in conjunction with the construction, reconstruction, or other change of any State transportation facility except:

- (1) in pavement resurfacing projects that do not widen the existing traveled way or do not provide stabilized shoulders; or
- (2) where approved by the Secretary of Transportation based upon documented safety issues, excessive cost or absence of need.

Illinois Urban Areas

- An “urban area” is defined by the Federal Highway Administration as:

Population Range
50,000+

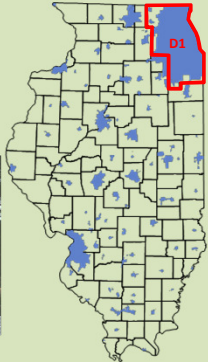





photo: Dan Burden

“The Traveled Way”

- Typically does not include adding turn-lanes or auxiliary lanes



Illinois Complete Streets Law

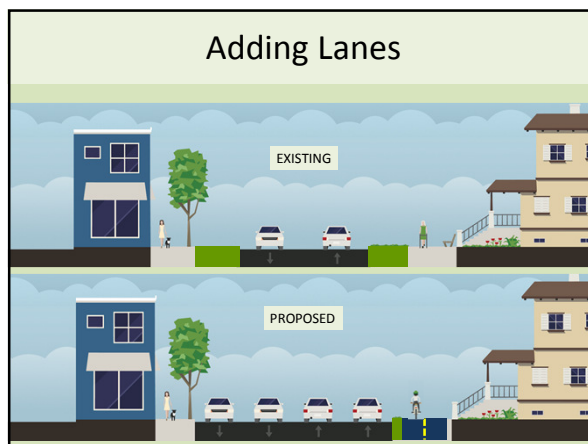
(c) Bicycle and pedestrian ways may be included in pavement resurfacing projects when local support is evident or bicycling and walking accommodations can be added within the overall scope of the original roadwork.



Warrants for Accommodations

- Adding lanes
- Adding stabilized shoulders (rural context)
- Full roadway reconstruction
- New roadway construction

Adding Lanes



Stabilized Shoulders



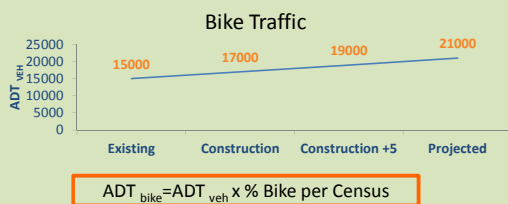
Warrants for Accommodations

- The street is designated as a bikeway in a regionally or locally adopted bike plan or is published in a map as a recommended bike route.



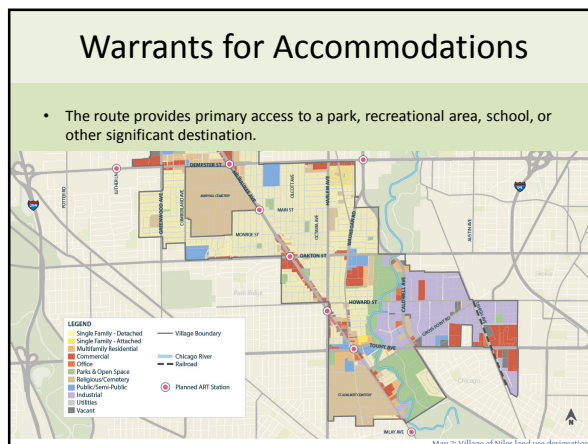
Warrants for Accommodations

- The projected two-way bicycle traffic volume will approximate 25 ADT or more during the peak three months of the bicycling season five years after completion of the project.



Warrants for Accommodations

- The route provides primary access to a park, recreational area, school, or other significant destination.

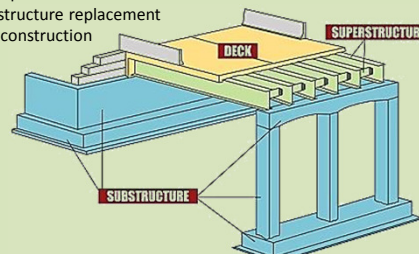


Warrants for Accommodations -Bridges-

- The route provides unique access across a natural or man-made barrier (e.g., bridges over rivers, railroads, highways, or through a National Forest).
- Bicyclists will be accommodated on the bridge unless bicycles are otherwise prohibited to operate on the roadway approaches.
- For [bridge] projects that meet no other warrants, a minimum shoulder width of 4 ft (1.2 m) shall satisfy this warrant.
- The highway project will negatively affect the recreational or transportation utility of an independent bikeway or trail. Highway projects will negatively affect at-grade paths and trails when they are severed, when the projected roadway traffic volumes increase to a level that prohibits safe crossings at-grade, or when the widening of the roadway prohibits sufficient time for safe crossing.

Bridges

- Scope determined by Bridge Condition Report
 - Deck patching/maintenance
 - Deck replacement
 - Superstructure replacement
 - Full reconstruction



IL 176 over Des Plaines River



Exceptions

- Projects along fully access controlled highway facilities, i.e. interstates and highways requiring ramps to access
- When approved by the Secretary of Transportation based upon safety issues, excessive costs, or absence of need.



Partial Exceptions

- If existing roadway width can be restriped and/or resigned to provide bike accommodation where local [agency] support is evident



— Design must coincide with Bicycle Facility Selection table (Figure 17-2.A)

Bicycle Facility Selection Table

Roadway Characteristics	Bicycle Accommodation Requirement			
	Fixed Structures (inclusive of outside curb)	Outside Curb Lane Width	Missile Lane (Vehicle gutter pan)	Side Path (Bike-trail)
Rural Roadways < 30 mph Posted	None			
Design Year ADT under 2000	4.0 ft (1.2 m)			optional
Design Year ADT 2000 - 4000	4.0 ft (1.2 m)			optional
Design Year ADT > 4000	4.0 ft (1.2 m)			optional
Rural Roadways 30 - 39 mph Posted				
Design Year ADT under 2000	4.0 ft (1.2 m)			optional
Design Year ADT 2000 - 4000	4.0 ft (1.2 m)			optional
Design Year ADT > 4000	4.0 ft (1.2 m)			optional
Rural Roadways 40 - 49 mph Posted				
Design Year ADT under 2000	4.0 ft (1.2 m)			optional
Design Year ADT 2000 - 4000	4.0 ft (1.2 m)			optional
Design Year ADT > 4000	4.0 ft (1.2 m)			optional
Rural Roadways > 49 mph Posted				
Design Year ADT under 2000	4.0 ft (1.2 m)			optional
Design Year ADT 2000 - 4000	4.0 ft (1.2 m)			optional
Design Year ADT > 4000	4.0 ft (1.2 m)			optional
Urban Roadways < 30 mph Posted				
Design Year ADT under 2000	None			optional
Design Year ADT 2000 - 4000	11 ft - 14 ft			optional
Design Year ADT > 4000	11 ft - 14 ft			optional
Urban Roadways 30 - 39 mph Posted				
Design Year ADT under 2000	5 ft (1.5 m)			optional
Design Year ADT 2000 - 4000	5 ft (1.5 m)			optional
Design Year ADT > 4000	5 ft (1.5 m)			optional
Urban Roadways 40 - 49 mph Posted				
Design Year ADT under 2000	5 ft (1.5 m)			optional
Design Year ADT 2000 - 4000	5 ft (1.5 m)			optional
Design Year ADT > 4000	5 ft (1.5 m)			optional
Urban Roadways > 49 mph Posted				
Design Year ADT under 2000	5 ft (1.5 m)			optional
Design Year ADT 2000 - 4000	5 ft (1.5 m)			optional
Design Year ADT > 4000	5 ft (1.5 m)			optional

BDE Manual, Ch. 17 Figure 17-2.A

Restriping Example

Posted Speed: 30 mph

Annual Daily Traffic (ADT): 3,350

Lane Width: 15' + 1' curb = 16'

Roadway Characteristics	Paved Shoulders (inclusive of outside curb)	Bicycle Accommodation Request		
		Outside Curb Lane Width	Bicycle Lane (includes gutter pan)	Side Path (directional)
Rural Roadways - 35 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 3000 - 4000	None	4 ft (1.2 m)	optional	optional
Rural Roadways - 30 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 2000 - 3000	None	4 ft (1.2 m)	optional	optional
Rural Roadways - 25 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 1000 - 2000	None	4 ft (1.2 m)	optional	optional
Rural Roadways - 20 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 500 - 1000	None	4 ft (1.2 m)	optional	optional
Urban Roadways - 35 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 3000 - 8000	None	4 ft (1.2 m)	optional	optional
Urban Roadways - 30 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 2000 - 3000	None	4 ft (1.2 m)	optional	optional
Urban Roadways - 25 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 1000 - 2000	None	4 ft (1.2 m)	optional	optional
Urban Roadways - 20 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 500 - 1000	None	4 ft (1.2 m)	optional	optional
Urban Roadways - 15 mph Posted Design Year ADT (range) 2000 - 8000 Design Year ADT 500 - 1000	None	4 ft (1.2 m)	optional	optional

Road Diets

Reducing number of travel lanes requires full engineering study (Phase I)

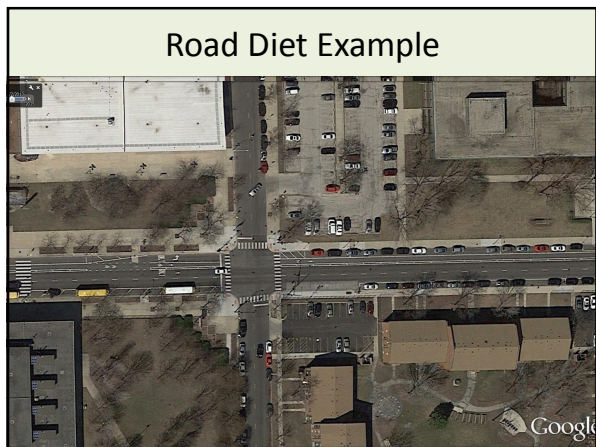
Often difficult to develop during resurfacing plan preparation (Phase II only, typically)

- If only narrowing while maintaining same number of lanes, no study is required (previous example)

Phase I
 Preliminary Engineering and Environmental Studies

Phase II
 Contract Plan Preparation and Right-of-Way Acquisition

Phase III
 Construction



Public/Agency Coordination

Organization	Yes	NA	Organizations*	Yes	NA
Metropolitan Planning Organization (if applicable)	<input type="checkbox"/>	<input type="checkbox"/>	League of Illinois Bicyclists*	<input type="checkbox"/>	<input type="checkbox"/>
Local Municipalities	<input type="checkbox"/>	<input type="checkbox"/>	Illinois Department of Natural Resources*	<input type="checkbox"/>	<input type="checkbox"/>
Park or Forest Preserve Districts	<input type="checkbox"/>	<input type="checkbox"/>	Trails for Illinois*	<input type="checkbox"/>	<input type="checkbox"/>
Sub-Regional Planning Council (as appropriate)	<input type="checkbox"/>	<input type="checkbox"/>	Active Transportation Alliance (District 1 only)*	<input type="checkbox"/>	<input type="checkbox"/>
Local Bicycle Clubs, Advocacy Groups	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>


*Note: Addresses are presented in Section 17-5.

CHECKLIST FOR ORGANIZATIONS AND PUBLIC COORDINATION

Figure 17-1.C

Funding & Cost Participation

- BDE 5-5.02(b) ----- Sidewalks
- BDE 5-5.02(o) ----- Bicycle Accommodations
- BDE 17-1.07 ----- Funding
- Future Accommodations
- Permits and Grants



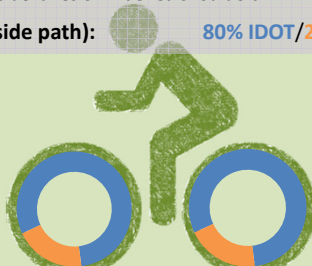
Maintenance and Jurisdiction

A Local Agency *MUST* accept maintenance and jurisdiction of sidewalks and off-street bicycle accommodations on State Routes




Funding and Cost Participation

- Bridges (& approaches): **100% IDOT**
- On-Road (full bike lanes): **80% IDOT/20% Locals**
 - Wide outside lanes or widened shoulders: **100% IDOT**
- Off-Road (side path): **80% IDOT/20% Locals**



Funding and Cost Participation

- State will take reasonable actions to *not preclude* future additions of sidewalks and paths
 - Local pays 100% for future installation



Funding and Cost Participation

Additional Resources/Grant Opportunities

- Surface Transportation Program (STP)
- Illinois Transportation Enhancement Program (ITEP)
- Congestion Mitigation and Air Quality (CMAQ)
 - Chicago or St. Louis Metro Area
- Safe Routes to School (SRTS)
- Transportation Alternatives Program (TAP)

Clybourn Avenue Pilot Project



- IDOT and CDOT pilot project to install and evaluate the first barrier protected bike lanes on a State route
- First use of concrete for physical separation
- Pilot evaluated using IDOT's on-going Feasibility Study on bicycle and pedestrian facilities.
 - Analyzes safety, operations, and maintenance of various bike/ped accommodations.

Project Goals



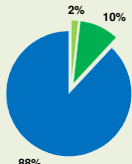
- Reduce crashes
- Increase transportation options and balance needs of various roadway users
- Evaluate separated bike lane elements



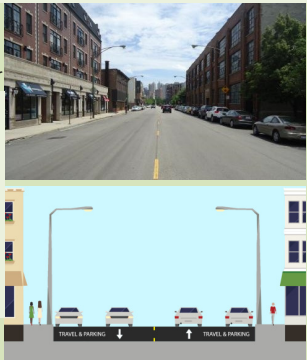

Existing Roadway Conditions

Count Data:

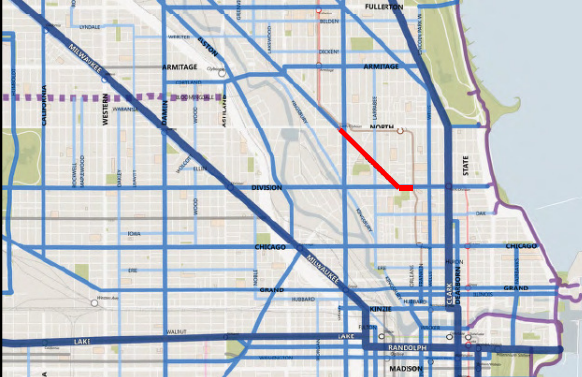

- 11,000 vehicles per day
- Over 100 bicyclists in the peak hour



■ Walking ■ Biking ■ Automobile

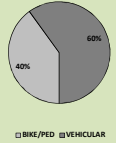
Network Connectivity

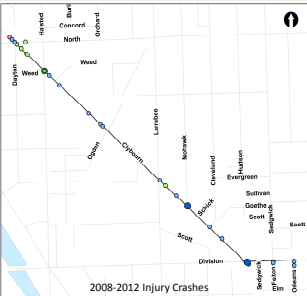
Crash Analysis

- 423 reported crashes in five years (2008 – 2012)
- 3 Serious Injury crashes
- 1 Bicyclist Fatality in 2013

Percent of Fatal and Serious Injury Crashes by Mode:




□ BIKES/PED □ VEHICULAR

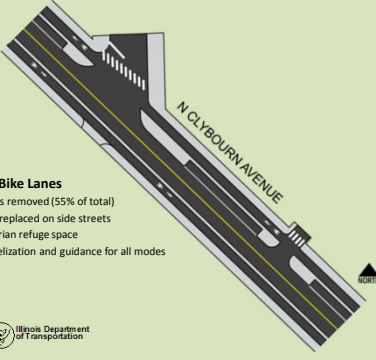


2008-2012 Injury Crashes

- Pedestrian & B Crashes
- Bicyclist B Crashes
- Automobile & B Crashes
- Fatal Pedestrian Crashes
- Fatal Bicycle Crashes
- Fatal Automobile Crashes
- A-Injury Pedestrian Crashes
- A-Injury Bicycle Crashes
- A-Injury Automobile Crashes
- B-Injury Pedestrian Crashes
- B-Injury Bicycle Crashes
- B-Injury Automobile Crashes




Division to Larrabee

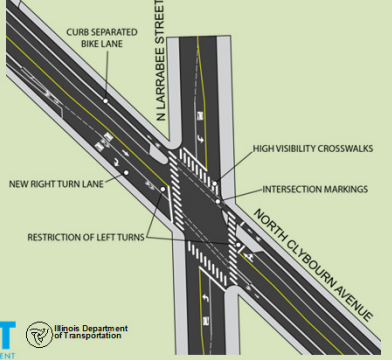


Curb-Separated Bike Lanes


- 43 parking spaces removed (55% of total)
 - 20 spaces replaced on side streets
- Concrete pedestrian refuge space
- Improved channelization and guidance for all modes

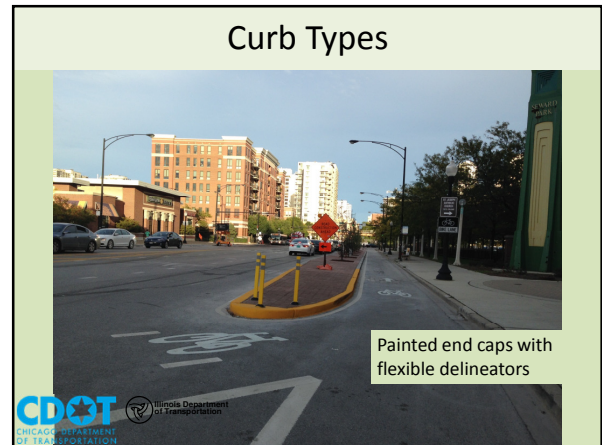
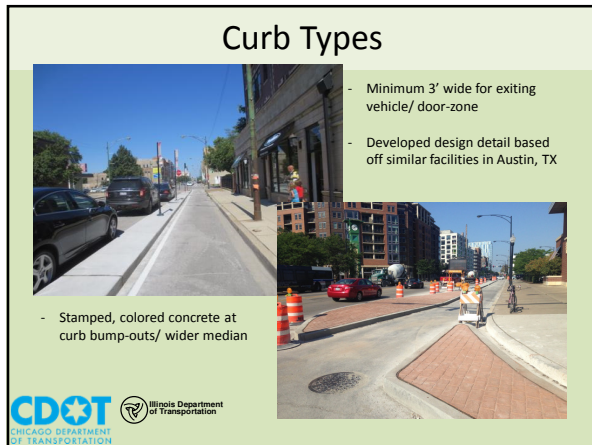
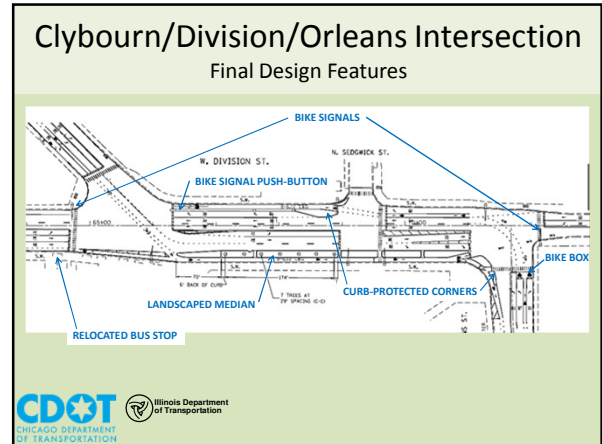
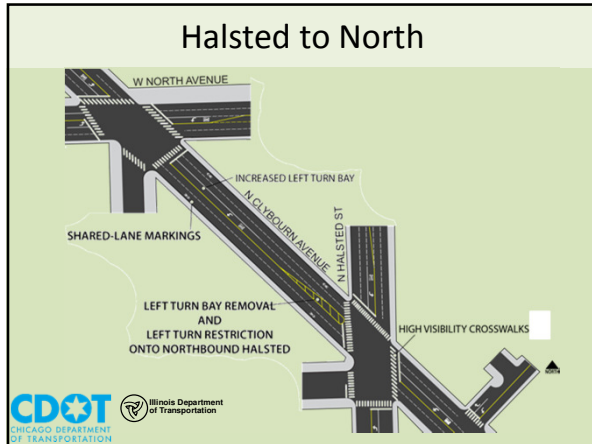


Larrabee Intersection



- CURB SEPARATED BIKE LANE
- NEW RIGHT TURN LANE
- RESTRICTION OF LEFT TURNS
- HIGH VISIBILITY CROSSWALKS
- INTERSECTION MARKINGS





Lane Widths and Maintenance



- 7.5' wide bike lanes
- Allow for street sweeping and room to pass other cyclists



*Image Credit: Streetsblog Chicago



Construction

- Cost: \$700,000
- Timeline: 2-3 months
- Field adjustments: Additional median gaps for drainage



Next Steps

- Finalize construction
- After data collection
- 3-Year Pilot Study
- Design modifications if necessary



Questions?

Aren.Kriks@illinois.gov

