

#### Ride Illinois 2019 Ride Guide

Dear fellow cyclist,

It is not too early to start planning your 2019 bicycle adventures and register for one or more of the many organized rides around the state, and surrounding area. We invite you to learn more about the events in this ride guide as well as others listed at **rideillinois.org**.



Ride Illinois coordinates and sends this annual ILLINOIS bike ride guide to 12,000 individuals and local bike shops as a benefit to our members and as a service to our supporting bike clubs and organizations. This is just one way we are working to promote fun, friendly, and safe bicycling around the state.

As the statewide advocacy organization, Ride Illinois is dedicated to making Illinois more bike-friendly. We are advocating for better road design, creating municipal bike plans, promoting trail development and funding, pushing for favorable legislation, and educating tens of thousands of motorists and cyclists about sharing our roads safely so you can get out and Ride Illinois.

Much of the work we do would not be possible without the support of our members. If you are not already a member, please join us today! Your support will strengthen the voice of thousands of cyclists and enable us to expand and deliver our outreach and programs across the state. Together, we can continue the momentum toward a bike-friendly Illinois.

We hope you enjoy perusing all the information included, and we look forward to seeing you at the rides!



#### Ride Illinois 2019 Ride Guide

Date	Ride	Start City	Organizer	#
Sundays	Ten 27 Cycling Club Sunday Ride	Evanston	Ten 27 Cycling Club	6
April 14	Easter Ride	Park Forest	Folks on Spokes	7
May 4	Ride the Ups & Downs	Elizabeth	G.O.A.T.S. Cycling	8
May 15	Ride of Silence	various	rideofsilence.org	
May 19	Arlington 500	Barrington	Arlington Heights B.C.	9
June 7-8	Fight for Air Ride	Crystal Lake	American Lung Assoc.	10
June 8	Food Bank Flyer	Normal	Team 224	11
June 8-9	TOMRV	Bettendorf, IA	Quad Cities B.C.	12
June 9	BCLC Ramble	Twin Lakes, WI	Bicycle Club of Lake County	13
June 9-14	Grand Illinois Bicycle Tour	Tuscola	Ride Illinois	14
June 23	Swedish Days Ride	Maple Park	Fox Valley B.S.C.	15
July 4	4th of July Century	Plainfield	Joliet Bicycle Club	16
July 6-13	Michigan's Upper Peninsula Tour	Manistique, MI	League of Michigan Bicyclists	17
July 14	Biking with Beanzie	DeKalb	Kish Bike and Rec Club	18
July 20	Z Tour	Princeton	Z Tour	19
Aug. 3-8	CowaLUNGa Bike Tour	Gurnee	Resp. Health Assoc.	20
Aug. 3-10	Shoreline West	Montague, MI	League of Michigan Bicyclists	17
Aug. 4	Two Rivers Century	Kankakee	Kankakee River B.C.	21
Aug. 8-11	Ride to Cure Diabetes	La Crosse, WI	JDRF	22
Aug. 11	Naperville Rotary Ride	Naperville	Naperville Rotary Club	23
Aug. 17	Ride Like an Egyptian	DeKalb	Kish Bike and Rec Club	24
Aug. 18	Bike Psychos Century	Coal City	Bike Psychos	25
Aug. 18	Wright Ride	Oak Park	Oak Park Cycle Club	26
Aug. 24	No Baloney Ride	Morton	Illinois Valley Wheelm'n	27
Sept. 8	Capital City Century	Springfield	Springfield B.C.	28
Sept. 8	Harmon 100	Wilmot, WI	Wheeling Wheelmen	29
Sept. 8	Bike for the Kids	Elgin	Easterseals DFV	30
Sept. 14	Amish Country Tour	Arthur	Decatur Bicycle Club	31
Sept. 15	North Shore Century	Evanston	Evanston Bicycle Club	32
Sept. 15	Everybody Rides	St. Charles	Project Mobility	33
Sept. 28	Venus de Miles	Wilmette	Venus de Miles	34



Ride Illinois is a membersupported nonprofit organization dedicated to improving bicycling conditions throughout the state.



Since 1992, we have been helping cyclists of all levels get out and ride Illinois! Some of our efforts have resulted in:

State laws including a minimum three feet clearance when passing bikes





Bicycle infrastructure technical assistance, including plans in 20 towns, pro bono help for dozens more, and training hundreds of planners and engineers

Preservation of \$20 million in state-administered federal funds for trails and bikeways





Bike safety information to 800,000 children

Design input for 500 road projects





More than 80,000 people using our online learning tool for motorists and bicyclists – bikesafetyquiz.com

**Become a member** Learn more about Ride Illinois' work and member benefits, and join us at **rideillinois.org**.

#### **Share the Road License Plates**



Support bike safety when you drive. Most of the \$22 incremental fee for these State-approved specialty license plates fund Ride Illinois' driver and bicyclist education efforts. Visit rideillinois.org/share-the-road-license-plates.

#### **BikeSafetyQuiz.com**

Learn how to share the road safely



RANK HOW VISIBLE THESE
CYCLISTS ARE TO MOTORISTS AT
INTERSECTIONS, FROM MOST TO
LEAST VISIBLE

A 4 (most visible) - 2 - 3-1 (least visible)

B 1-3-2-4

C 2-4-1-3

D 2-1-4-3

Challenge your knowledge of relevant bike laws and best safety strategies for sharing the road successfully.

Quizzes for adult bicyclists, children, driver-ed students, motorists, and truck drivers. Visit **BikeSafetyQuiz.com** 

## TEN27 CYCLING CLUB



#### Ten 27 Cycling Club Sunday Ride:

- meets at 8:00 am every Sunday,
   1549 Sherman Avenue at Grove Street in downtown Evanston
- will be cancelled for persistent rain, sub-freezing temperatures, or icy/snowy roads at the start
- is typically 50 to 60 miles to Green Oaks and back, with occasional variations
- has a typical cruising speed of 20 mph, in pace-line formation
- wraps with a quick coffee stop on the way back and/or a social recap of the ride afterward in downtown Evanston

Join Ten 27 Cycling Club's email distribution list by sending an email to subscribe@ten27cycling.com

## 38<sup>th</sup> Annual Folks on Spokes Easter Ride



**Sunday, April 14, 2019** 

**New location:** 

Breidert Green in historic downtown Frankfort, IL

Routes: 13, 16, 24, 43 & 62 miles

Early registration discounts before 3/28/2019

Enjoy homemade cookies, Easter egg salad sandwiches, music and more!



Register online:

www.folksonspokes.com

Info line:

815-600-0454

Questions email us:

easterride@folksonspokes.com







## Arlington Heights Bicycle Club

The Arlington Heights Bicycle Club provides a variety of weekly rides for the beginning, intermediate and advanced cyclist. For a list of rides and information about club events, visit our web site at:

www.cyclearlington.com

The Arlington 500 is a recreational bike ride on scenic roads in Lake County. You have the option of doing a 25, 42, 51 or 70 mile (500 furlongs) route.

#### The Arlington 500

The Arlington 500 is a fully supported ride. You get all this on every route!

- Downloadable GPS route and/or cue sheet
- Bike shop support at start
- Rest stop with food / beverages until 3 PM
- Indoor clean toilet facilities
- Support vehicles on the route until 3:30 PM
- Free Bicycle Safety Light if pre-registered.

#### **Starting Location:**

Barrington High School

#### **Registration Time:**

Starts at 6:30 a.m. for all riders; Closes at 9:00 a.m. for 51 and 70 mile riders; Closes at 10:00 a.m. for 25 and 42 mile riders

#### Registration Fee:

Registration fee is \$20.00 before May 10, 2019 online PayPal or Active.com or postal mail. Day of ride registration fee is \$30 cash or check.

#### **Sunday May 19, 2019**

Save the April 27: AHBC Annual Bike Swap

Dates: May 15: Ride of Silence

Ride Illinois 2019 Ride Guide **AMERICAN LUNG ASSOCIATION**®

JUNE 7-9, 2019

CRYSTAL LAKE, IL - LAKE GENEVA, WI 2 DAYS | 100 MILES 3 DAYS | 150 MILES



Register at: CycleForAir.org



EventsCHI@lung.org / CycleForAir.org 312.781.1100

Join cyclists of all levels for the **34th annual Fight For Air Ride**. This round-trip, fully supported route includes SAG vehicles, medical volunteers, bike mechanics, luggage transportation and rest stops. Each night luxury accommodations are provided at The Abbey Resort and Spa. Ride for personal achievement, a new cycling experience or to honor a loved one affected by lung disease.











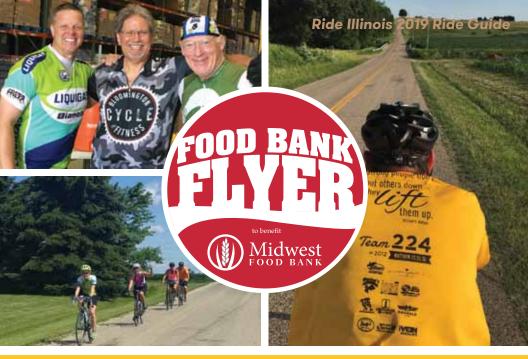








BIKE SHOP PARTNERS



### SAVE THE DATE!

#### 2019 Food Bank Flyer

A ride to benefit Midwest Food Bank

**Date:** June 8, 2019 **Time:** 6:30am to 1pm

**Start Location:** Midwest Food Bank

2031 Warehouse Rd Normal, IL 61761

20 • 40 • 60 Mile routes Lunch served 11 a.m. - 1 p.m.

Rain or shine

The Food Bank Flyer offers multiple routes through beautiful central Illinois countryside. Due to support from generous sponsors, 100% of the proceeds go directly to the Midwest Food Bank.

For complete details or to register, go to **Team224.org** 



Team 224

<sup>15</sup> 2012 ∑

MATTHEW 25:35-36



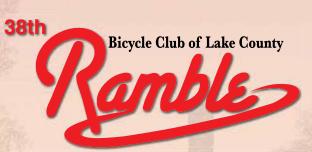
#### **Quad Cities Bicycle Club**

TOMRV is the Tour of the Mississippi River Valley, a Midwest cycling tradition celebrating its 42nd year. Every year more than 1,000 bicycling enthusiasts come to ride the TOMRV tour. We leave on Saturday June 8, 2019 from Bettendorf, Iowa (106 miles) or from Goose Lake, Iowa (75 miles), and travel to Clarke University in Dubuque, Iowa. The next day we return using different routes to Bettendorf (90 miles) or to Goose Lake (50 miles). The route is varied and scenic, using lightly traveled paved roads with many views of the Mississippi River. The route is hilly near Dubuque, with 6,000 feet of climbing on Saturday and 4,000 feet on Sunday. Sags & support services are never far off. New for 2019, we offer optional transportation on Sunday morning for you and your bicycle to your starting point, if you would prefer to ride only one day. So if this is for you, then plan to ride with us this year. On-line registration opens on Dec 1, 2018, 7:00AM at Get Me Registered. Or you can register by mail print & mail an application form, and pay by check. More details on the ride may be found on www.qcbc.org/tomrv.

**Heartland Tour**- Held September 14th, 2019 in beautiful western Illinois. This ride has four ~25 mile loops. Riders can complete one or more loops to get distances from 25 to 100 miles. Fully stocked central Sag location as well as food, craft beer and music from our local partner Geneseo Brew Works. Starts in the beautiful small town of Geneseo, IL. Rain date is following day. Visit QCBC.org and in the links select **Heartland Tour** 

**Tail Wind Century-** May 4th & October 5th. These rides which are probably the fastest & most fun you'll ever have doing a 100 mile ride. We've mapped out 100 mile courses in all the directions of the map. We determine which direction the wind is blowing from, then we take you and your bike to the starting point. Some days the winds can push your speeds above 30 mph. Routes are well marked and you'll have a route sheet as well. Sag stops are provided and there are always towns where food and drinks are available. This is a great chance to see new places and maybe set a personal record for your fastest century. **Limited space-signup early.** For full details visit QCBC.org and in the links select **Tailwind** 

**Ragbrai Charter-** Planning on doing Ragbrai in 2019. The QCBC has one of the oldest and best run charter organizations available. For full details visit QCBC.org and in the links select **RAGBRAI**.



#### **Sunday, June 9, 2019**

Recreational to advanced cyclists

Tour through scenic Northeastern Illinois & Southeastern Wisconsin

Begins and ends at Wilmot Mountain Tubing Tubing Chalet Twin Lakes, WI 22, 30, 50, 70, 80 & 100 mile routes Routes open 6:00 am - 4:00 pm

Rest stops with food and live music,

SAG support, marked roads, maps and GPS files

Plus... cookout and more!

Supporting:













**Wilmot Mountain Tubing Chalet** 12301 Fox River Road (Country Road W) Twin Lake, WI 53181



www.bikebclc.com



Explore central Illinois on our fully supported, loop ride through beautiful Amish country in Tuscola, Mattoon, Effingham and Charleston. Ride on quiet roads and trails and experience the charming towns and beautiful lakes and landscapes of our grand Illinois.





#### Fox Valley Bicycle & Ski Club's 50TH ANNUAL SWEDISH DAYS RIDE

#### **SUNDAY, JUNE 23, 2019**

6:00 am to 4:00 pm

#### \* New Location / New Routes \*

#### **KANELAND HIGH SCHOOL**

47 W 326 Keslinger Road, Maple Park, IL 60151 (Near the corner of Keslinger and Meredith)

Ride options: 25/50/62/100/124 miles Touring quiet, scenic, paved country roads

#### Registration accepted online or day of ride

Register online for a chance to win a \$50.00 VISA gift card!

Online - www.fvbsc.org \$25 individual / \$40 family\*

(Online registration closes at midnight, June 21st)

Day of ride – cash / check / credit card \$35 individual / \$50 family\*

\*Family = 1 or 2 adults & children under 18 years of age All riders must wear wristbands Rain or Shine - no refunds

50<sup>th</sup> anniversary moisture wicking t-shirts & Primal jerseys are available for purchase online





#### Joliet Bicycle Club 2019 4th of July Century

#### Thursday, July 4th, 2019 – 7:00 Start (all riders must be completed by 4:00)

Ride Description

Come and join us for a great ride through Kendall County, southwest of Plainfield, IL. The routes will be on low traffic roads with light hills through farm and rural settings. Each route will include a rest stop where you will be able to refuel, refresh, and chow down on bagels, sandwiches, fruit, cookies and energy drinks. All riders must complete the ride by 4:00.

Century Riders should plan on starting before 8:00 AM.

#### Start Location:

Plainfield South High School 7800 W. Caton Farm Rd, Plainfield, II. 60586 SE Corner of Ridge Rd and Caton Farm Rd

#### Route Options:

30, 50, 75, 100 miles.

All routes to be posted on the JBC website approximately 1 week before the ride.

#### What's Included:

Marked routes with Maps and Cue Sheets Emergency SAG Support Food and Rest Stops Post Ride Ice Cream (in registration area)

i ost inde ice cream (in registration area

#### Pre-Registration Information:

Adults (13 and older) \$20.00 Child (6 - 12): \$8.00

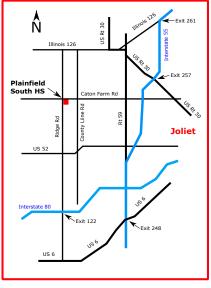
Tee Shirts: \$17.00

On-Line registration closes July 3rd, 2019 @ 3:00 PM. Mail-in forms must be postmarked by June 27th, 2019.

To download the Mail-in form or register on-line Visit jolietbicycleclub.com

#### Day of Registration Information:

Day of Registration Open: 7:00 - 10:00 AM Adults (13 and older) \$30.00 Child (6 - 12): \$10.00 Tee Shirts: \$18.00 (Payment by cash or check only)



#### Tee Shirt Information:

Tee Shirt Design will be posted on our website after April 15th.

Tee shirts can be purchased when preregistering, and will be available for purchase on the day or the ride - while supplies last.

#### Safety

The safety of the ride participants is of primary importance. Routes are on public roads and must be shared with motor vehicles. All riders must wear helmets. We recommend ride no more than two abreast, and obey all traffic laws. We believe bicyclists deserve to share the road, showing courtesy to motorists and other riders. Please exit roadway at rest stops.

All riders aged seventeen and under must be accompanied and supervised by an adult throughout the ride.

#### SAG

Sag vehicles will be patrolling all routes. While Sags will stop to help those in need, priority is given to those with justifiable emergencies riders with irreparable breakdowns, illness or injury. A flat tire is not considered an emergency. All riders should carry a spare tube, pump and water.

For additional details and updates: Visit: jolietbicycleclub.com Questions: jbc4thride@gmail.com



#### RIDE THE GREAT LAKES WITH LEAGUE OF MICHIGAN BICYCLISTS



on this week-long adventure.

An unforgettable route through breathtaking Lake Michigan views. Sleeping Bear Dunes and Mackinac Bridge 3 and 7-day tour options.

LEARN MORE AND REGISTER TODAY LMB.ORG/TOURS



Kishwaukee Kiwanis Club of DeKalb

## Bikin Beanzie



#### **Sunday, July 14, 2019**

Family/Community Ride 3, 5 & 8 mile pathway routes

**Long-Distance Ride** 25, 46, 64, 80 & 101 mile routes

Registration FREE for Kids 12 & under (w/paid adult rider)



Sponsored by Northwestern Medicine\*

Northern Rehab | Lehan Drugs | Resource Bank | Kish Bike and Rec Club Creative Therapeutics | First National Bank | Ken Spears Construction | Roger Seymore

Registration info:

www.kishkiwanis.org

Facebook:

beanzieride



Join us for the Ninth Annual

### Z Tour Bike Ride

Saturday, July 20, 2019 in beautiful Princeton and Bureau County, IL

#### **New Routes This Year!**

10 easy miles for our beginners and families 30 miles - two rest stops and two water stops

**NEW ADVENTURE ROUTE**Paved and gravel roads, off-road canal towpath.



Metric Route - 65 miles - three rest stops, two water stops and 2,300 ft. of elevation Century Route - 100 miles - four rest stops, three water stops and 3,000 ft. of elevation. Both the Metric and Century Route include beautiful Lake Thunderbird.

*ME* +3: *Come with a group!* 

Register a minimum of 3 friends and receive \$25 Chamber Bucks or \$25 of select Z Tour merchandise.

No Hassle Check-In on Friday Night or Saturday Morning Convenient Lodging—New B & Bs, RV and

tent camping, nearby hotels.

Fun! Join us for the Friday night street concert in downtown Princeton with great food and drink!

Easy Access to Princeton—Take Exit 56 off of I-80.

2 hours from Chicago, 1 hour from Peoria, the Ouad Cities, Rockford, and Joliet.



princeton



AUGUST 3-5

量18 | 65 | 130 中190 景
50% OFF REGISTRATION | 三量
FOR FIRST TIME RIDERS | 三量
FULLY SUPPORTED RIDE.
www.resphealth.org/cow



RESPIRATORY HEALTH ASSOCIATION®

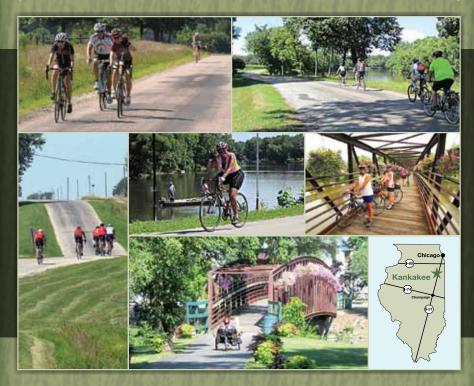
## sunday, august 4, 2019 two rivers century

KANKAKEE, ILLINOIS

22 • 46 • 62 • 82 • 102 • 127 MILES

Centuries, Metric Centuries, & Double Metric Centuries

LOW TRAFFIC • FLAT & SCENIC • RIVER VIEWS • REST STOPS



WWW.TWORIVERSCENTURY.COM

#### Ride Illinois 2019 Ride Guide

#### Ride with Us

Toward a World Without T1D

The JDRF Ride to Cure Diabetes is a destination cycling event that takes place in several stunning locations across the United States. Cyclists of all skill levels come together to raise funds for JDRF—the leading global organization funding type 1 diabetes (T1D) research—and to take part in a weekend-long celebration that leads up to the one-day Ride.



#### 2019 JDRF RIDE TO CURE DIABETES SCHEDULE

La Crosse, WI Aug 8-11

Sonoma, CA Aug 22-25



Saratoga Springs, NY Sep 12-15

Amelia Island, FL Oct 3-6

Death Valley, CA Oct 17-20

CONTACT
Jenn Carr at
312.423.7195,
jcarr@jdrf.org, or visit
ride.jdrf.org for more
information



Sunday, August 11 • Commissioners Park • Naperville, IL





The Naperville Rotary Ride has a 1.4 mile family loop, 21, 41, and 62 (metric century) mile routes. All routes are SAG supported and rest stops are fully staffed with nutritious food and drinks. Proceeds from the Ride will benefit Rotary International's Campaign to End Polio and local charities.

In memory of Carmen DiGiovine

<u>EARLY BIRD REGISTRATION - \$30</u>

Hosted by the Rotary Club of Naperville Downtown

www.napervillerotaryride.com



## Bike Psychos cycling club Centuzy XXXVI

#### SUNDAY AUGUST 18, 2019

Coal City High School 655 West Division Street Coal City, Illinois

Less than 60 miles from downtown Chicago!

Choose from one of 5 different scenic routes:

35, 50, 70, 100 or 124 miles.

#### **Registration fees:**

Adults 13+: February 1 - June 30 - \$35/includes t-shirt July 1 - August 11 - \$35 / After August 11 - \$40 (does not include t-shirt)

Children 5-12: \$20 / Children Under 5: Free (with paid Adult rider)

Groups of 10 or More: \$30/rider (mail in only), contact us at info@psychoscentury.com for details.

For Map and Route details, please visit:

psychoscentury.com
or
www.bikepsychos.net













CHOOSE FROM 10, 30, 50 AND 72 MILE ROUTE OPTIONS **NOVICE, CASUAL CYCLIST OR EXPERIENCED** LONG DISTANCE RIDERS ARE WELCOME.

GREAT REST STOPS WITH BAKED GOODS
WRIGHT RIDE BEGINS IN DOWNTOWN OAK PARK

10 MILE ARCHITECTURAL ROUTE

- MULTIPLE STOPS WITH COMMENTARY PROVIDED BY GUIDES
- INCLUDES FRANK LLOYD WRIGHT HOMES AND OTHER INTERESTING ARCHITECTURAL SITES - FAMILY FRIENDLY RIDE









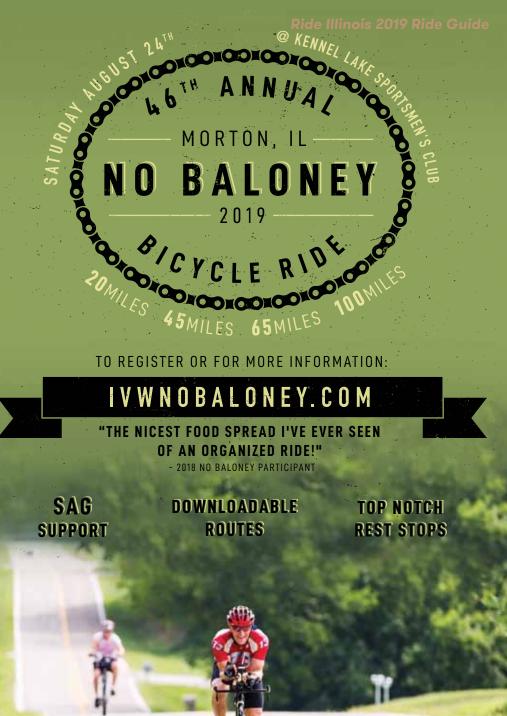




FOR QUESTIONS PLEASE EMAIL









A COMMUNITY OF CARING

# September 8

## **NEW LOCATION!**

JIS Student Union, University of Illinois Springfield

Register early to receive a discount!

For more information or registration help, contact: events@spfldcycling.org or call Harv Koplo at 217.899.9175.





4TH ANNUAL



SEPTEMBER 8, 2019 | ELGIN



#### **CHOOSE YOUR DISTANCE**









#### PLUS A FAMILY FUN RIDE FOR ALL AGES & ABILITIES

BIKE FOR THE KIDS IS A SUPPORTED ROAD RIDE WITH REST STOPS, SAG VEHICLE & POST-PARTY

EASTERSEALSDFVR.ORG/BIKEFORTHEKIDS

**USE DISCOUNT CODE: RIDEIL FOR \$5 OFF** 

\$40 EARLY BIRD PRICING UNTIL AUGUST 2









ARCOLA



ARTHUR CHAMBER OF COMMERCE



Atwood Chamber of Commerce

20, 40 or 60 mile loops through rolling country roads 31



The Evanston Bicycle Club's North Shore Century offers incredibly scenic biking on routes of 25, 50, 62, and 100 miles. You'll experience beautiful neighborhoods, view unique architectural treasures, pedal down tranquil tree-lined streets and feel the refreshing breezes of Lake Michigan. There are frequent rest stops stocked with home-baked goodies and a lot more! Sags and bike mechanics are provided. **Helmets are strongly urged!!** 

The 2019 North Shore Century is on **Sunday, September 15**. All rides start and end at Dawes Park (near the corner of Church Street and Sheridan Road) in Evanston, IL.

#### **Registration and Fees**

- April 1 August 8, 2019.....\$30
- August 9 September 12, 2019......\$40
- Day-of-Ride ......\$60
- (Registration ends at 11a.m.)
- Riders age 17 and under .....\$10
   (Must be accompanied by a registered adult rider.)





For more info and to register, go to www.northshorecentury.org







#### LIVE ENTERTAINMENT • FOOD • DRINKS RAFFLES & MORE

JOIN US FOR THE SEVENTH ANNUAL

## every Booly ==

PRESENTED BY



10 MILE TRAIL RIDE / 29 MILE ROAD RIDE / 47 MILE ROAD RIDE / 62 MILE ROAD RIDE

## SUNDAY 9/15/19

\$40 ends 2/1 \$50 ends 9/14 \$60 9/15

Shirt included with registration by 8/25

**REGISTER NOW! PROJECTMOBILITY.ORG** 









Illinois Original Women's Bike Ride that Benefits Greenhouse Scholars to Help Cultivate Extraordinary Leaders to Change Low-Income Families and Communities.

SATURDAY, SEPTEMBER 28 | WILMETTE, IL VENUSDEMILES.COM | 24 MILES | 64 MILES

Register with a friend and get the "Sisterhood Special"



BENEFITING







#### Ride Illinois 2019 Ride Guide







Be sure to receive our ride guide next year – become a Ride Illinois member (see page 4).



2550 Cheshire Dr. Aurora, IL 60504

NON PROFIT ORG
U.S. POSTAGE
PAID
MELROSE PARK IL