In 2007, the League of Illinois Bicyclists (LIB), Tri-County Regional Planning Commission (TCRPC), and the Illinois Department of Natural Resources (IDNR) introduced a vision of exploring the Mackinaw Valley Trail. While you’re there, enjoy a scoop or a slice from the diner, observe as farmers harvest another bumper crop, and more. Trips through the project’s towns can be as leisurely or as fast-paced as you choose, and provides route options for cyclists of all ages and abilities. The long-term plan: connect the Rock Island State Trail in the Peoria area with the Route 66 Trail in Bloomington-Normal, and more. Meanwhile, define an interim route that can be used right away while building the project’s momentum.


The Mackinaw Valley Trail connects the two cities by way of a route showcasing some of the best Central Illinois can offer.

Before your trip, be sure to learn more about the Mackinaw Valley Trail and the Bloomington-Normal Convention & Visitors Bureau (1-800-747-0302, www.peoria.org) & Visitors Bureau (1-800-433-8226, www.bloomingtonnormalcvb.org). The route selection was based on availability of off-road trails, roadway scenery, and points of interest. Wherever these three uses were chosen. The cue sheet includes information on bike-friendliness, accommodations, mileages — plus daily traffic levels for road paths and comfortable on-road routes for bicycles, hikers, and more. Meanwhile, define an interim route that can be used right away while building the project’s momentum.

The Mackinaw Valley Trail connects the two cities by way of a route showcasing some of the best Central Illinois can offer.
**Peoria to Bloomington (west to east)**
(For east to west directions, visit www.bikelib.org/mvt)

**START:** IL-40/William Kumpf Blvd at Adams St, Peoria

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<tr>
<td>SE</td>
<td>-</td>
<td>IL-40/William Kumpf Blvd - cross Illinois River on Bob Michel Bridge. Shoulders, sidewalks. (20400 ADT)</td>
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Note: At the first East Peoria stoplight (Tractor Dr/River Rd), look for a new sidepath trail on the east (left) side of the road. While the trail is open, paving was not completed as of late 2010. If you must detour because of construction, continue straight on-road from the stoplight for 0.7 mile, then left on Washington St for 0.6 mile, and then left for 0.1 mile on Main St to the sidepath along the north side of Springfield Rd.

Str SE/SW River Trail of Illinois - to stoplight at intersection of Main St at Springfield Rd. 1.2 1.8
L SE River Trail of Illinois - trail turns left away from road, goes under I-74, crosses Washington St at stoplight 0.7 2.5
L N/SW River Trail of Illinois - turn L on sidewalk on the other side of Washington St, then trail continues 0.3 2.8
R W Veterans Dr - short jog right on road 0.03 2.8

Str SE River Trail of Illinois - trail climbs bluff, goes through residential areas, follows US150 to Morton trailhead 6.0 8.8
L SE/E Jefferson St - Morton - wide road through town (3000-6000 ADT); narrower on east end (3500-2200 ADT) 2.5 11.3
R S Tennessee Ave (600 ADT) 1.0 12.3
L E Queenwood Rd - some rolling hills (500-1050 ADT) 3.7 16.0
R S Chaffer Rd/County Road 3025E (500 ADT) 0.5 16.5
Str S Dee-Mac Rd - Mackinaw - paved shoulders, scenic descent into river valley (1900-3400 ADT). See below for Heritage Lake option, immediately after river 3.7 20.2
L E Fast Ave - busier around Mackinaw (2000-2800 ADT), with sidepath option for 0.5 mile. (550-650 ADT east) 3.8 24.0
L N County Road 3400E - short jog left at Lilly 0.05 24.1
R E Runyon Rd/Old Peoria Rd (550-700 ADT) 5.7 29.8
L N Jefferson St - Danvers - short jog left 0.03 29.8
R E North St (900 ADT) 0.2 30.0
R S West St - business district (1550 ADT) 0.2 30.2
L E/SE Main St/Old Peoria Rd - Quiet rural road (450 ADT) 2.3 32.5
R S County Road 700E - short jog right 0.03 32.5
L SE Old Peoria Rd (450-950 ADT) 3.4 35.9
R S County Road 1000E - (550-600 ADT) 1.2 37.1
L E County Road 1350W/Washington St (850 ADT) 1.8 38.9
R S/E Constitution Trail - Bloomington - western segment of Bloomington-Normal's trail system 1.9 40.8

END: Alton Depot Park, Front St and Western Ave, Bloomington

**Heritage Lake Alternative Route (adds 0.9 mile)**
Start alternative route (adds 0.9 mile):
From Dee-Mac Road segment mileage 3.1 (total mileage 17.8), just after the Mackinaw River bridge

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<tr>
<td>L E/N/E</td>
<td>Hild Rd (750 ADT)</td>
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<tr>
<td>R S/E</td>
<td>Kenton St (650 ADT)</td>
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<tr>
<td>R S/SE</td>
<td>Heritage Dr - around Heritage Lake (950 ADT)</td>
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<tr>
<td>R S</td>
<td>Bradford Dr (1650 ADT)</td>
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Turn right on Fast Ave to return to main route, or left to backtrack to Mackinaw.

LIB and TCRPC would like to thank IDNR for its financial support of this project.
All photography courtesy of TCRPC.